



# PERFORMANCE REPORT 2018

தேசிய வைத்ய அம்சை  
சுதேச மருத்துவப் பிரிவு  
Indigenous Medicine sector





## **Vision**

Good Health for all through Practice of Traditional Sinhalese Medicine

## **Mission**

Conducting research preserving Sri Lankan identity and bringing wellbeing to the entire community by the use of modern technology and taking a huge contribution from them to meet national, economic and millennium development goals by invigorating human potentials.



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## 01. Introduction

Indigenous Therapy or Sinhala system of medicine was the traditionally continued system of medicine in Sri Lanka prior to introduction of Ayurveda system of Medicine. We were bestowed with the system of Ayurveda Medicine from India as a result of the advent of Buddhism. Accordingly, the presently practiced system of Ayurveda Medicine in Sri Lanka is a combination of the Northern Indian traditions of Ayurveda, Southern Indian Siddha medical tradition, Unani tradition of medicine in Arab as well as the traditional indigenous system of therapy in Sri Lanka. However, the System of Ayurveda Medicine in Sri Lanka has been recognized as a Sri Lankan identity handed down by heritage.

Ayurveda' means the science of maintaining longevity. System of Ayurvedic Medicine is based on prevention of diseases, which consists of methods of treatment, codes of conduct as well as rites and rituals. Ayurveda intends to maintain a healthy life both physically and mentally in such a way as not to be caught up by diseases caused by mere treatment for illnesses.

The historical books and archeological findings etc., prove that Sri Lanka claimed an advances as well as formal system of Ayurveda Medicine. Mahawansa or the great chronicle of Sri Lanka contains information of construction of hospitals for the purpose of provision of medicines and food etc. Remains of an age old hospital and medical appliances and equipment have been found in locations such as Mihintale, Medirigiriya, Alahana Pirivena etc.

Arrangements were made for advancement and dissemination of this noble system of medicine which claims a long history only after Independence. This was developed upto being a Cabinet Ministry in 1994 by passing the junctures of amendment of Indigenous Ordinance by Law No. 49 of 1949, establishment of a Department of Indigenous Medicine in 1957, passing Ayurveda Law No. 31 of 1961 and establishment of a new Ministry for promotion of Indigenous Medicine in 1980 etc. This Ministry which functioned from thereon under direct supervision of a Cabinet Minister and a Deputy Minister, was taken over under the purview of the Ministry of Health on 18.01.2015 and continues to function from 21.09.2015 up to now in the name of the Ministry of Health, Nutrition and Indigenous Medicine.

The system of indigenous medicine has been capable of providing successful remedies to many a disease found difficult to cure. That is why this noble system of medicine has been accepted not only in Sri Lanka, but also internationally.

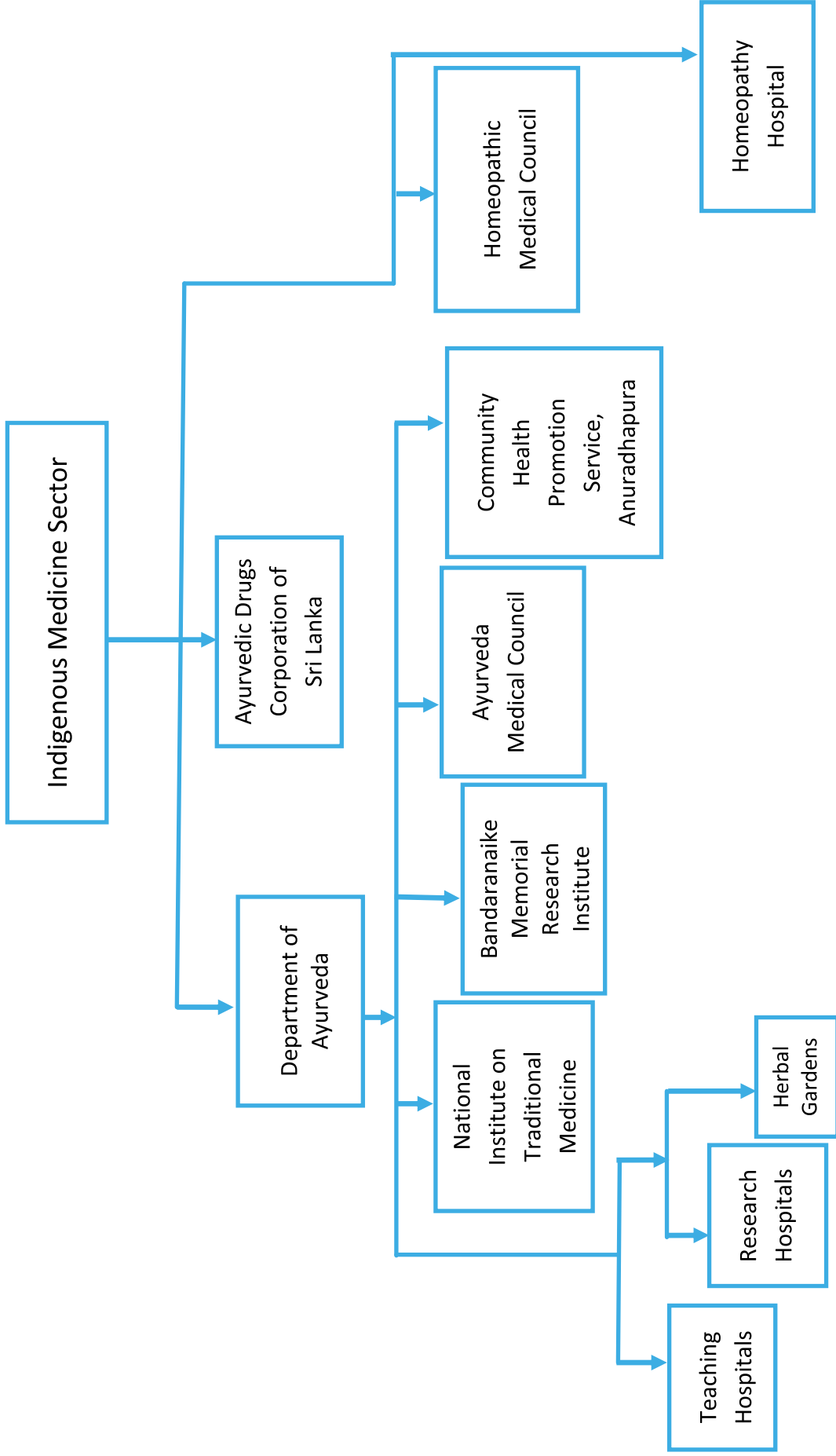
Following measures have been taken by the Indigenous Medicine Sector to bring about a conservation of health in the island at present through new systems of research:

- Formulating policies for promotion of the system of indigenous medicine
- Propagation of the system of indigenous medicine for building a healthy nation
- Protection and promotion of systems of indigenous medicine
- Increasing production of medicines by widespread operation of cultivating indigenous herbs
- Promotion of Tourism by way of creating a safe system of Ayurveda Medicine and getting its contribution for development of the country.
- Bringing about a promotion in the system of Indigenous Medicine

## 02. Priorities of the Indigenous Medicine Sector

Prioritized areas drawing particular attention	Results generation index
1. strengthening legal framework on systems of indigenous medicine	<ul style="list-style-type: none"> <li>• Minimum irregularities observable in the system of Ayurveda Medicine.</li> <li>• Generation of professionally satisfied Ayurveda Doctors.</li> <li>• Strengthening Ayurveda Treatment institutions on a legal basis.</li> </ul>
2. strengthening and improving Ayurveda Research	<ul style="list-style-type: none"> <li>• Quantitative rise of new quality Ayurveda products.</li> <li>• Establishment of rights of Ayurveda Researchers.</li> <li>• Broadened recognition to the system of Ayurveda Medicine.</li> <li>• Creation of more opportunities for Ayurveda researches and Researchers.</li> <li>• Introduction of indigenous systems of medicine for controlling non-communicable diseases.</li> <li>• Quantitative increase of preserved traditional Ayurveda documents.</li> <li>• Protection and regularization of intelligence property rights pertaining to the Ayurveda.</li> <li>• Establishment of a satisfied Ayurveda Medical Service</li> </ul>
3. Utilizing Information Technology for Ayurveda	<ul style="list-style-type: none"> <li>• Creation of an up-dated information system.</li> <li>• Creation of a systematically networked operation system.</li> <li>• Creation of an E-Ayurveda system of medicine.</li> <li>• Broadened vistas of the system of Indigenous Medicine.</li> </ul>
4. Human Resource Development for updating and improvement of Ayurveda Health Protection.	<ul style="list-style-type: none"> <li>• Quantitative uprise of the qualitative human resources.</li> <li>• Increase in the professionally satisfied human resource.</li> <li>• Capability to meet the global demand for the system of Indigenous Medicine.</li> <li>• Up-dating the knowledge and skills of the Traditional Medical Practitioners to cater to up-to-date social requirements.</li> <li>• Quantitative increase of skilled indigenous medical practitioners.</li> <li>• Improvement of knowledge, attitudes and skills of users of Ayurveda medical systems in state and private sectors.</li> </ul>
5. improving production of Ayurveda Medicines and cultivation and improvement of herbal plants and initiation of herbal gardens	<ul style="list-style-type: none"> <li>• Increase in the quantity of qualitative and high standard medicines.</li> <li>• Improvement of income generation through the Ayurveda.</li> <li>• Uprise of foreign market opportunities for Ayurveda medicines.</li> <li>• Increase in production of easy-to-use medicines.</li> </ul>
6. Commercialized maintenance of the Ayurveda	<ul style="list-style-type: none"> <li>• International propagation of Traditional medical practice, Ayurveda, Siddha and Unani systems of medicine.</li> <li>• Creation of hospitals with modern facilities enabling provision of specialized Ayurveda treatments.</li> <li>• Up gradation of the existing and new herbal gardens.</li> </ul>
7. promotion of the use of Homeopathy systems of medicine	<ul style="list-style-type: none"> <li>• Establishment of a satisfied Homeopathy Medical Service for beneficiaries.</li> <li>• Regular establishment of institutions related to Homeopathy system of medicine.</li> <li>• Generation of a professionally satisfied Homeopathy human resource.</li> </ul>

### 03. Institutions coming under the Indigenous Medicine Sector



**04. Indigenous Medicine Sector - Financial Progress as at 31<sup>st</sup> December 2018**

Category/object/item	Provisions (Rs.)	expenditure (Rs.)	Percentage of expenditure (%)
<b>recurrent</b>	<b>250,946,848.50</b>	<b>220,592,502.76</b>	<b>87.90</b>
General administration / other programs	211,946,848.50	184,678,568.93	87.13
<u>Establishment services</u>			
Public institutions			
i. Homeopathic Medical Council	16,000,000.00	15,632,730.28	97.70
ii. Nutrition Programs	5,000,000.00	4,853,249.50	97.06
	21,000,000.00	20,485,979.78	97.55
• Homeopathic Hospital	18,000,000.00	15,427,954.05	85.71
<b>Capital</b>	<b>179,021,469.00</b>	<b>99,185,141.97</b>	<b>55.40</b>
<b>General administration</b>	<b>2,502,910.00</b>	<b>1,765,386.25</b>	<b>70.53</b>
Special programs			
• Drugs Corporation	100,000,000.00	47,000,000.00	47.00
• Conservation Councils	7,000,000.00	5,740,278.61	82.00
• Homeopathic Medical Council	2,500,000.00	1,824,409.02	72.98
• Homeopathy system development	30,000,000.00	7,135,882.55	23.79
• Setting up Nutrition Homes	7,000,000.00	5,900,626.54	84.29
• Deep wells for herbal gardens	2,836,659.00	2,836,659.00	100.00
Merchant Ward Complex of Provincial Ayurveda Hospital, Anuradhapura	27,181,900.00	26,981,900.00	99.26
<b>Grand total</b>	<b>429,968,317.50</b>	<b>319,777,644.73</b>	<b>74.37</b>



**05. Establishments and Administration Division**  
**2018.12.31 to Date**

S/No.	Designation	Service	Grade/Class	Salary code	Approved Cadre	Actual Cadre	Vacancies
01	Addi.Secretary (Administration)	SLAS	විශේෂ	SL3-2016	01	01	-
02	Addi.Secretary (Development)	SLAS	විශේෂ	SL3-2016	01	01	-
03	Snr.Asst. Secretary (Administration)	SLAS	I	SLI-2016	01	01	-
04	Director (Development)	SLAS	I	SLI-2016	01	01	-
05	Director (Planning)	SLPS	I	SLI-2016	01	01	-
06	Chief Accountant	SLAcS	I	SLI-2016	01	01	-
07	Internal Auditor	SLAcS	III/II	SLI-2016	01	-	01
08	Accountant	SLAcS	III/II	SLI-2016	01	01	-
09	Assistant Deputy Director (Development)	SLAS	III/II	SLI-2016	01	-	01
10	Assistant Deputy Director (Planning)	SLPS	III/II	SLI-2016	01	01	-
11	Assistant Deputy Director (Medical Tech.)	SLAyMS	III/II	SLI-2016	01	01	-
12	Assistant Secretary (Administration)	SLAS	III	SLI-2016	01	-	01
13	Legal Officer	Dept	III/II	SLI-2016	01	-	01
14	Administrative Officer	PMAS	Supra	MN7-2016	01	01	-
15	Translator	TS		MN6-2016	01	-	01
16	Statistical Officer (Assigned from Department of census & Statistics)			MN5-2016	01	01	-
17	Development Officer	DOS		MN4-2016	336	208 (D.Se 10 (Main office))	118
18	Development Assistant	ASSO.Officer		MN4-2016	08	08	-
19	Supply Assistant	ASSO.Officer		MN4-2016	02	01 (Homeopathic Hospital)	01
20	Statistical Assistant	ASSO.Officer		MN4-2016	01	01	-
21	Budget Assistant	ASSO.Officer		MN4-2016	01	-	01
22	Public Management Assistant	PMAS	III/II/I/Sp	MN2-2016	23	16	07
23	Video Cameraman	Dept		MT2-2016	01	01	-
24	Still Photographer	Temporary		PL3-2016	01	-	01
25	Driver	DS		PLI-2016	14	05	09
26	Camera Assistant	Dept		PLI-2016	01	-	01
27	KKS	OES		PLI-2016	14	08	06
28	Labourer	Dept		PLI-2016	01	01	-

## Training Programs conducted by Indigenous Medicine Sector

### Local Training Programs

S/No.	Description	Training institute	Attendance	Expense (Rs.)
01.	Importance of Food and Nutrition on Efficiency of a Public Officer	Dr. Palitha Saman Jayaratne	70	8,185.00
02.	Procedural Rules and Establishments Code	Mr. A.D.Somadasa	50	4,685.00
03.	Workshop on Handling Office Equipment	Skills Development fund	02	17,000.00
04.	Positive Attitudes for a Successful Professional Life	Mr. Bandaragama Medagama	60	10,045.00
05.	Two Day Workshop on Establishments Code and Financial Regulations	Skills Development fund	01	8,500.00
06.	Management Guidelines for a Successful Life	Mr. S.M.Punchibanda	50	2,443.75
07.	Diploma in Public Procurement and Contract Administration	Miloda Academy of financial studies	01	100,000.00
08.	Staff Training Program - 2018	Lecturer (Mr.) K.S.D. Mirihana	60	37,280.00
<b>Total</b>				<b>188,138.75</b>

### Overseas Training

Name of Training	Training institute/ country	Duration	Attended by
BIMSTEC Conference on the Protection of Traditional Knowledge and Genetic Resources	Thailand	21 <sup>st</sup> , 22 <sup>nd</sup> May 2018	Additional Secretary (Development) - Indigenous Medicine Sector
BIMSTEC Conference on the Protection of Traditional Knowledge and Genetic Resources	Thailand	21 <sup>st</sup> , 22 <sup>nd</sup> May 2018	Deputy Director (Technical Doctor) - Indigenous Medicine Sector
WHO- Expert for upcoming working group meetings to Develop WHO Documents on Benchmark for practice in Ayurveda/ Unani/ Panchakarma	India	17-19 September 2018	Deputy Director (Technical Doctor) - Indigenous Medicine Sector
WHO- Expert for upcoming working group meetings to Develop WHO Documents on Benchmark for practice in Ayurveda/ Unani/ Panchakarma	India	17-19 September 2018	Director, Ayurveda Research Hospital, Nintavur
Training Programme on 'Diversity' Documentation Gene Banking and Data Base for Medical Plants for IORA Member Countries	India	25 <sup>th</sup> November - 01 <sup>st</sup> December 2018	Ayurveda Doctor, Bandaranaike Memorial Ayurveda Research Hospital
8 <sup>th</sup> World Ayurveda Congress and	India	14-17 December	Commissioner of

Arogya Expo- 2018		2018	Ayurveda, Deputy Director (Technical Doctor), Ayurveda Medical Officer
Capacity Building Training Programme	Malayasia	07 Days	01

### **Enactments and Legislations prepared**

- The Public Service Commission has referred the Service Minute of Sri Lanka Ayurvedic Medical Service, to Health Service Committee of the Commission by its letter No. PSC/EST/4/2/37/1(1)/2012 of 07.12.2018.
- Service Minute work of Ayurvedic Medical Service is at its final stage.

## **06. Progress of Projects/ Programs conducted under Indigenous Medicine Sector**

### **6.1 Ayurveda Vision of Life and Nutrition - Awareness Program on controlling non-communicable diseases through indigenous food pattern**

#### **Objectives of the Program**

- Raising awareness on medicinal quality of indigenous food
- Raising awareness on maternal and child nutrition.
- Preparation of programs targeting changes in anticipated food health practices of people and inter-communication.
- Providing a sufficient knowledge to people for a self-estimation on nutrition requirements
- Explanation of health conservation strategies and contribution for prevention of chronic diseases such as kidney ailments.
- Conducting practical programs with a view to raising public awareness on preparation of indigenous food, restoration of local food culture disappearing gradually.

Rs. 5 million was spent on the Object of Nutrition and arrangements have been made to offer a provision of Rs. 4,997,794.00 from 01.01.2018 to 31.12.2018 thereunder at Divisional Secretary's Division level. Under these arrangements, project proposals are called into the Ministry through 200 Indigenous Medicine Development Officers attached to Divisional Secretary's Divisions and provisions are allocated following a proper evaluation. Particularly project title, target group, and estimate design and its resultant social benefit are keenly investigated thereunder.

Indigenous Medicine Development Officers conduct these affairs with a proper coordination with Ayurveda Community Health Medical Officers attached to the Division for raising awareness on Nutrition and the program is supervised by the Divisional Secretary. Progress of any Nutrition Program, once completed, should be sent to the Ministry and thereafter it is supervised by Additional Secretary and Director of the Indigenous Medicine Sector.

#### **Benefits**

- What gets exposed in an in-depth analysis of researches and programs conducted in Sri Lanka on Child Nutrition and Adult Nutrition is that more effective results can be reaped by awareness raised on health conservation strategies by taking them to the public. In other words, a proper understanding can be gathered on nutrition programs through public participatory communication. Therefore, a remarkable progress could be seen in nutrition conditions during the period of last year.
- Community awareness on conservation of local food culture was successful.
- Success in giving a considerable contribution for health conservation by conducting a large number of programs on non-communicable diseases such as kidney ailments and the disaster of common dissemination of toxic food.



S/No.	Category of program	No. of programs	Attendance	Expenditure (Rs.)
01	Nutrition programs conducted in Divisional Secretariats	501	A gross figure of 50 - 100 per program.	4,687,894.00
02	Nutrition Programs, Ayurveda Community health Promotion Service	19		309,900.00
<b>Total</b>		<b>520</b>		<b>4,997,794.00</b>

## 6.2 Nutrition Home Program

An amount of Rs. 7.0 Mn. had been allocated by Budget 2018 for construction of nutrition homes and 5 new nutrition homes were newly constructed out of those allocations. The amount of total allocations provided for construction of those nutrition homes and for construction of goods and equipment required for them is as follows:

S/No.	Divisional Secretariats where nutrition homes have been set up	Amount of Allocations provided (Rs.)	Physical progress	Opened/ not opened
01.	Giribawa	1,515,728.84	100%	No
02.	Maspotha	1,070,003.69	100%	No
03.	Kuliyapitiya (West)	1,309,685.22	100%	Opened
04.	Wariyapola	834,159.04	100%	Opened
05.	Poojapitiya	688,260.00	100%	Opened

Equally, the amounts issued out of allocations received in year 2018 for completion of construction of nutrition homes of which constructions were initiated in previous years and for purchase of goods and equipment required for them are as follows.

S/No.	Divisional Secretariats	Purpose	Amount of allocations (Rs.)
01.	Galewela	To prepare sign board	5,500.00
02.	Kobeigane	To complete constructions and purchase required items	443,948.68
03.	Ampara	To complete constructions and purchase required items	318,030.00
04.	Ingiriya	To complete constructions and purchase required items	425,500.00
05.	Borella nutrition home	To purchase required items	87,703.91
06.	Thihagoda	To complete part of remaining constructions and purchase required items	254,575.18

Additionally, an amount of allocation of Rs. 44,000.00 was released on 23.07.2018 to purchase items required for the nutrition locale maintained in Ududumbara Divisional Secretariat. As such an allocation of Rs. 6,997,094.56 has been provided out of Rs. 7.0 Mn. Received during year 2018.

### 6.3 Ayurveda Conservation Councils

#### Progress from 01.01.2018 to 31.12.2018

- ❖ New library facilities have been provided for the use of Doctors in 03 Ayurveda Conservation Councils in 03 Divisional Secretariats. Thereunder, a provision of Rs. 50,000.00 each has been granted for relevant Divisional Secretaries for a library and to purchase a steel cabinet and books of indigenous medicine.
- ❖ Financial provisions provided for re-purchase of relevant books for Ayurveda Conservation Councils in 49 Divisional Secretary's Divisions for which library facilities have been provided during previous years. Accordingly, financial provisions have been provided in Rs. 20,000.00 each for 48 libraries and Rs. 14,601.18 for the Ayurveda Conservation Council belonging to Yatawatta Divisional Secretary's Division.
- ❖ Allocations have been granted as follows for Divisional Secretaries for building construction in 03 Ayurveda Conservation Councils.

S/No.	Divisional Secretary's Division	Ayurveda Conservation Council	Amount of Provisions (Rs.)
01	Ibbagamuwa	Ibbagamuwa	1,296,663.89
02	Wellawaya	Wellawaya	1,998,693.12
03	Koraliepattu (South)	Koraliepattu (South)	2,000,000.00

- ❖ A financial provision of Rs. 440,000.00 has been made for the Divisional Secretary, Eheliyagoda for construction of a security fence to create a herbal garden belonging to Eheliyagoda Ayurveda Conservation Council.

- ❖ Rs. 140,041.84 has been granted as transportation expenses to transport 19 medicine manufacturing equipment produced on provisions for year 2017, to relevant Divisional Secretariats.



Ganewatta Conservation Council building



Yatiyantota Library

### 6.4 Ayurveda Expo - 2018

Sri Lanka National Council of Commerce, under full assistance and aegis of the Ministry of Health, Nutrition and Indigenous Medicine and in collaboration with other public institutions, held International Indigenous Medicine Exhibition, Fair and Seminar on 13<sup>th</sup>, 14<sup>th</sup> and 16<sup>th</sup> July at the Bandaranaike Memorial International Conference Hall.

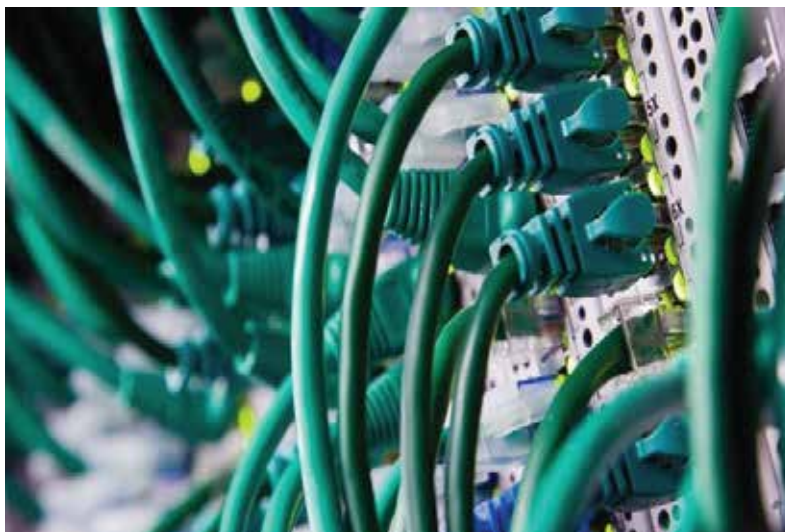
The objective is to raise public interest on the system of Indigenous Medicine and Ayurveda Products and internationally propagate them.



## 07. Information Technological Approach of Indigenous Medicine Sector

Information Technology Division of the Indigenous Medicine Sector functions under Policy Nos 101101 & 101102 issued by Information Technology Agency of Sri Lanka under the national program for equipment of State Sector in computer knowledge. While providing required instructions and assistance for Information Technological requirements in the Indigenous Medicine Sector and its affiliated institutions, the key function of this Division is the digital role of dissemination of knowledge and good health habits of the indigenous system of medicine among world population.

1. Providing software solutions for requirements in Indigenous Medicine Sector
2. Preparation of a system of You tube video sharing
3. Preparation of a systematic arrangement in Social Media Websites for dissemination of role and knowledge of the Indigenous Medicine Sector
4. Introduction of new technological strategies
5. General use of printers
6. Management of internet connections
7. Receiving LGN. 02 and provision of wireless express internet facilities for all computers
8. Net management
9. Maintenance of e-mail of the Indigenous Medicine Sector
10. Solving computer faults
11. Provision and handling of audio visual facilities required for festivals and meetings
12. All graphic design work in the Indigenous Medicine Sector (creation of book covers, notices, banners and Compact Disks)







# Department of Ayurveda

## 08. Department of Ayurveda

### Vision

Good health for all through the systems of Ayurveda and Indigenous Medicine

### Mission

Designing and implementing programs at national level to bring about good health for all in terms of conservation, development and protection of identity of Ayurveda and Traditional systems of medicine.

Department of Ayurveda is the key institution performing role and mission of the Indigenous Medicine Sector and has been established under Act No. 31 of 1961. Its key functions are as follows.

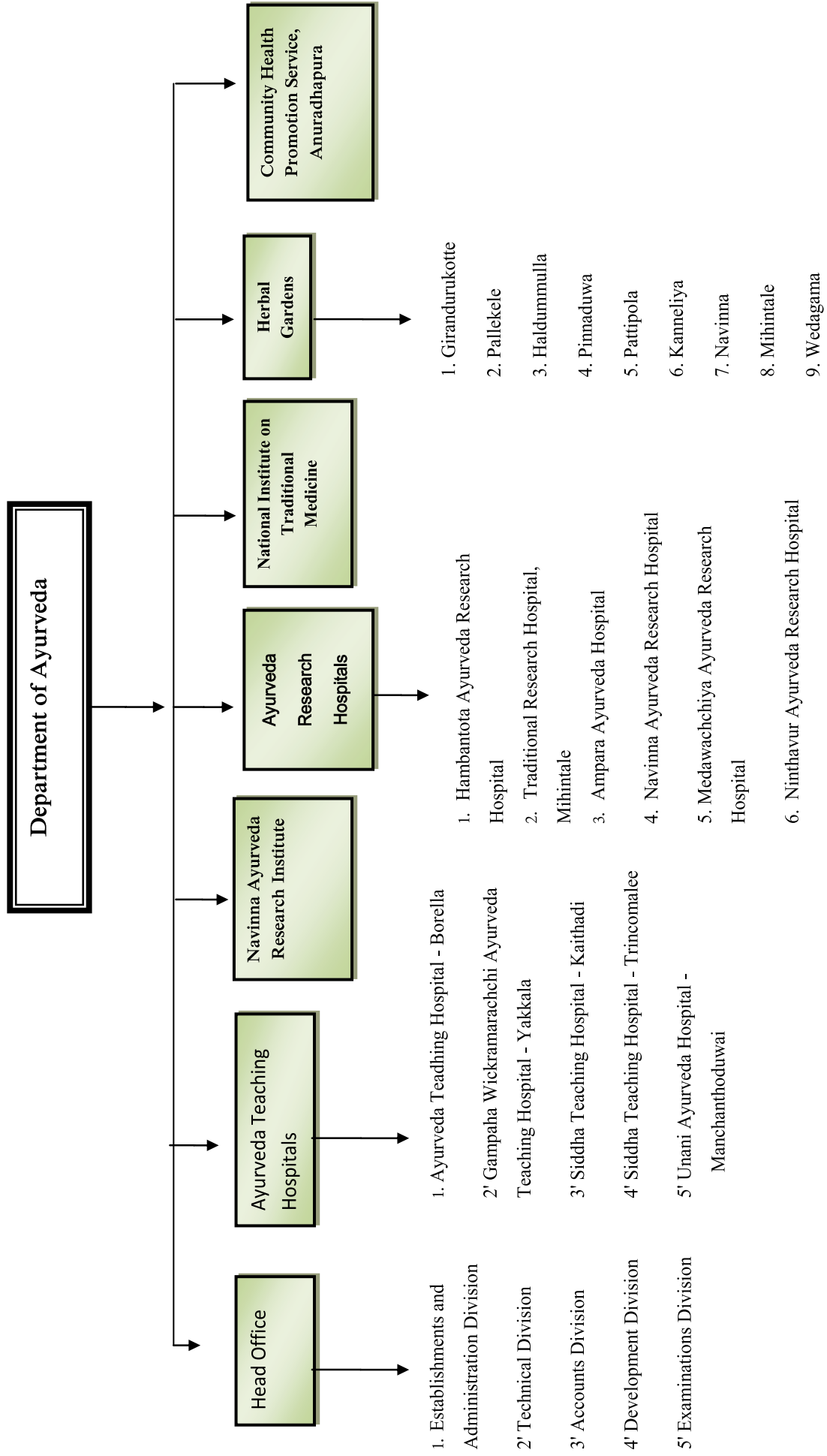


01. Curing illnesses, conservation of health and prevention of diseases by means of Ayurveda.

02. Encouragement of Ayurveda research work, Ayurvedic education, herbal plantation development, production of medicines and raising public awareness.

### Key functions

- Establishment and maintenance of hospitals and other Divisions for research and teaching activities.
- Conducting seminars, training classes and study programs.
- Conducting clinical medical services and literary research.
- Cultivation, conservation and propagation of herbal plants.
- Supervision and administration of all registered Ayurveda doctors in the island.
- Formulation of rules and regulations for activities pertaining to Ayurveda Hospitals, Central Dispensaries, Ayurveda Medicine Manufactories and affairs related to private Ayurveda education.



(1) Establishments and Administration Division - Institutional activities

S/No.	Activity	Service category	No.
1	recruitments	<b>Ayurveda Medical Officers</b>	<b>650</b>
		Ayurveda Doctor	
		Grade II appointments upto 09.03.2015	09
		Grade II appointments upto 01.11.2015	23
		Combined Drivers' Service	
		Grade I	01
		Grade I	01
2	Granting promotions	Attendant	23
		Electrician	01
		Food Inspector	01
		Laboratory Worker	04
		Dispenser	03
		Ticketing Clerk	01
		Minor Supervisor	02
		Circuit Bungalow Keeper	03
3	Approval of cadre	<b>Cadre approved for recruitment for BMARI Audio Visual Unit</b>	
		<b>Officer in Charge of Audio Visual Unit</b>	01
		Program Producer	01
		Technical Officer	01
		Computer Operator	01
		Cameraman	01
		Video Editor	01
		Audio Editor	01
		Ayurveda Service Assistant	01
		<b>Cadre approved for the posts in Ayurveda Community Health Promotion Service</b>	
		Director	01
		Ayurveda Community Health Medical Officer	22
		Registered Indigenous Medical Officer	84
		Public Management Assistant	01
		Ayurveda Community Health Development Officer	210
		Driver	01
Labourer	08		
4	Revision of approved cadre	Revision of posts in Public Management Assistants' Service for Borella Ayurveda Teaching Hospital	
		Public Management Assistant	19

## Local Training Programs

S/No.	Institution and Venue Conducted	Course and category of service attended	duration
01	Department of National Archives	Book Binder Training Ayurveda Service Assistant	01 day
02	National Institute of Labour Education	Training Course on Office Systems and Financial Regulations 01 Public Management Assistant	01 day
		Training Course on Change Management, 13 officers in the National Institute on Traditional Medicine	01 day
		Effective Personal Fila Maintenance 03 Community Health Development Officers	01 day
		Preparing Salary of Public Officers 03 Community Health Development Officers	01 day
		Two Day Training Program on Skills Development of Receptionists and Telephone Operators 03 KKSs	02 days
		Vocational Development of KKSs and Drivers for a Quality Working Environment 03 KKSs	01 day
		Office Management and Financial Regulations 02 Community Health Development Officers	02 days
03	Skills Development and Vocational Training Authority	Workshop on Internal Audit and Internal Administration 01 Development Officer 01 Public Management Assistant	02 days
		Establishments Code and Financial Regulations 01 Public Management Assistant	02 days
		Workshop on Internal Audit and Internal Administration 01 Medical Officer 01 Development Officer	02 days
04	National Productivity Secretariat	One Day Program on Information Technology 04 Medical Officers	01 day
05	Divisional Secretariat, Maharagama	06 Day Training Program of Tamil Language for Public Officers (50 hours) 04 Ayurveda Service Assistants 03 Drivers	07 days
06	Modern Research & Development Complex, Industrial Technology Institute Malabe	Training Programme on Essential Oils, Herbal Cosmetics 02 Medical Officers	08 days
07	Sri Lanka Institute of Development Administration	Workshop on IT Procurement Management 01 Development Officer 01 Public Management Assistant	02 days

## Overseas Training Programs

S/No	Service Category	Course attended	attendance	country	duration
1	Director, Ayurveda Research Institute, Navinna	2018 Seminar on Traditional Chinese Medicine for Developing Countries	01	China	18 days
2	Ayurveda Medical Officer		04		
3	Deputy Director, Ayurveda Teaching Hospital, Borella		01		
4	Ayurveda Medical Officer	Modernization of Traditional Medicine	3	Korea	23 days
5	Specialist Medical Officer	Sithargal Thiruvizha	1	India	03 days
6	Accountant (Accounts)	International Programme on Management Auditing for the public Sector Internal Auditors	1	Malaysia	07 days
7	Ayurveda Medical Officer	Training for Medical Workers from Developing Countries	1	China	01 month
8	Assistant Commissioner (Technical)	2018 Seminar on Traditional Chinese Medical Culture for countries Under Belt & Road Initiative	1	China	20 days
9	Ayurveda Medical Officer		1		
10	Commissioner of Ayurveda	Training Programme on International Exposure & Professional Development programme on Social Responsibility & Effective Management	1	Thailand	10 days
11	Director, National Institute on Traditional Medicine		1		10 days
11	Assistant Commissioner (Development)		1		10 days
12	Assistant Commissioner (Establishments)		1		10 days
13	Ayurveda Medical Officer	Overseas Training Programme for Postgraduate Scholars of Postgraduate Diploma Kayacikitsa/Panchakarma	10	India	10 days
14	Nursing Sister	Seminar on Medical Equipment Research Development & Maintenance for Developing	1	China	21 days

		Countries			
15	Ayurveda Medical Officer	Training on Essential Oil, Perfumery & Aromatherapy FFDC	1	India	07 days
16	Chief Accountant	Public Financial Management Workshop for Accountants in Singapore from 03-07 September 2018	1	Singapore	07 days
17	Accountant (Salaries)		1		
18	Ayurveda Medical Officer	Foreign Study Tour M.Sc. Ayurvedic Hospital Management Programme (2017 Intake)	9	Japan	10 days
19	Ayurveda Medical Officer	Training Programme on “Diversity, Documentation, Gene Banking and Database for Medical Plants” for IORA Member Countries, 25 <sup>th</sup> November 2018 to 01 <sup>st</sup> December 2018, Laknow, India	1	India	07 days
20	Ayurveda Medical Officer	International Workshop on Drugs Development from Herbs and Marine Medicinal Materials, Vietnam from 10 -12 December	1	Vietnam	5 days
21	Commissioner of Ayurveda	World Ayurvedic Congress 2018	1	India	04 days
	Ayurveda Medical Officer		7		05 days

## Development Division

### Institutional activities

- **Oil anointment function - 15.04.2018**

The state function of anointing oil designed to mark Sinhala and Hindu New Year Festival was conducted at the premise of Attanagalla Purana Rajamaha Vihara presided over by Deshabandu Karu Jayasuriya, Speaker of the Democratic Socialist Republic of Sri Lanka with attendance of the Hon. Rajitha Senaratne, Minister of Health, Nutrition & Indigenous Medicine.

## B) Other Programs

### Patient treatment services - mobile clinics

Program	Institution which conducted the clinic	No. conducted
1.	National Ayurveda Hospital (Teaching) - Borella	35
	Gampaha Wickramarachchi Ayurveda (Teaching) Hospital - Yakkala	11
	Ayurveda Hospital - Ampara	17
	Chamal Rajapaksha Ayurveda Research Hospital - Hambantota	12
	Bandaranaike Memorial Ayurveda Research Institute - Navinna	06
	Ayurveda Research Hospital (Non-communicable diseases) - Ninthavur	01
	Provincial Ayurveda Departments (assigned by the Department of Ayurveda)	16
	Total No. of programs co-ordinated	98

### Other services

S/No.	Program	No. of beneficiaries/ institutions
1.	<b>Local beverage popularization program</b>	45,500
2.	Free distribution of plants (for public institutions, schools, temples)	22,053
3.	exhibitions	21
4.	Requests for visiting herbal gardens	19

### Progress in construction

Object	Task	Financial allocation (Rs. Mn.)	Financial progress	Physical progress
2- 1-2104	Stage 2 construction work - National Ayurveda Teaching Hospital - Borella	356.2	337.890	Planned constructions finalized
2-3-2104	Construction of Medical Store - Ayurveda Teaching Hospital - Kaithadi	11.66	11.65	
2- 5-2104	Siddha Teaching Hospital - Trincomalee	.244		Revised amount of estimate referred for Cabinet Approval. Plan called from the Central Engineering Consultation Bureau.
2-2104	Construction of	35	16.238	Construction of



	Community Health Office			Community Health Offices, Rambewa - 85% Construction of Community Health Offices, Thirappane - 60% Construction of Community Health Offices, Nachchaduwa - 70%
4-2104	National Institute on Traditional Medicine	2	-	Provisions transferred and imprest not received
	Finalizing construction in the new building, tiling and ceiling			Physical progress - 100%
5-2104	Herbal gardens	6	5.9	
	Pattipola herbal garden			Physical progress - 80%

### Progress in renovations

Object	Task	Financial allocation (Rs. Mn.)	Financial progress	Physical progress
1-2001	Head Office	2.5	1.9	100%
2-2001	Teaching hospitals	65	19.95	Provisions transferred and imprest not received
	National Ayurveda Teaching Hospital - Borella			80%
	Gampaha Wickramarachchi Ayurveda Teaching Hospital -Yakkala			75%
	Ayurveda Teaching Hospital -Kaithadi			70%
	Ayurveda Hospital - Manchanthoduwai			100%
	Ayurveda Hospital - Ampara			100%
3-2001	Research Hospitals	32	15.8	Provisions transferred and imprest not received
	Chamal Rajapaksha Ayurveda Research Hospital - Hambantota			100%
	Bandaranaike Memorial Ayurveda Research Institute - Navinna			90%
4-2001	National Institute on Traditional Medicine	14	0.083	100%
5-2001	Herbal Gardens	6	5.338	Arrears paid for non

				receipt of imprest for year 2007
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### Herbal Farmer Project



Finalization of providing essential infrastructure facilities for launching fields of cultivation under this project.

Construction of security fences around fields  
Akmeemana - Galgamuwa

Kahatagasdigiliya - Etaweeragolla

Polpithigama - Rawa Ela cultivations



Construction of wells - Polpithigama - Bogolla

Kahatagasdigilliya - Etaweeragolla

### Action for setting up fields of herbal cultivation

(a) distribution of planting materials prepared in the herbal gardens of Haldummulla, Pattipola, Girandurukotte and Pinnaduwa to fields of cultivation.

Khas-Khas grass, Rath nitul, Babila, Java galangal, giant potato, Fire-flame bush, snap ginger, blinding tree, wild asparagus, baheda, bastard tree, claw flowered laurel, South Indian Mahua, Indian beach, clove, Curry leaves, wood apple, Iron wood, Ruk, Indian gooseberry, beheth Babila



Provision of seeds - yellow berried night shade, Thiraswalu, Indigo blue, senehekola, cotton, Kinissa, Indian Winter Cherry

Places where fields of cultivation have been started



- i. Padaviya - herbal plants including types of indigenous paddy
- ii. Alawwa - Galatharaya
- iii. Polpithigama - Rawa Ela
- iv. Polpithigama - Bogolla



Plant nurseries have been set up in Akmeemana and Kahatagasdigiliya and it is expected to carry out field cultivations towards beginning of next year.

### **BACC Project**

1. Distribution of 20 herbal plants each per home garden for development of 100 home gardens in the two Grama Niladhari Divisions of Pahala Giribawa and Wannikudawewa in Giribawa Divisional Secretary's Division. (10 & 11.11.2018)
2. Presentation of an Exhibition Stall and raising awareness in the Biodiversity Fair for public awareness on identification and uses of herbal plants on 20.12.2018 held at Giribawa Primary School, in Giribawa Divisional Secretary's Division.
3. Collection of photographs and information of herbal plants pertaining to preparation of Community Biodiversity Register and updating the register by discussion on the collected information again (21.11.2018).
4. Awareness and training workshop conducted for production of anti-mosquito incense sticks for 33 villagers in, Pahala Giribawa and Wannikudawewa under the program for introducing products for self-employment associated with herbal plants (22.11.2018).
5. Conducting an awareness program for introduction of herbal plants for the two villages of Gampola Pahala Giribawa and Wannikudawewa and identifying 35 farmers (20 & 21.11.2018).
6. The 03 books prepared through home garden surveys on herbal plants conducted in 09 Grama Niladhari Divisions in the three Divisional Secretary's Divisions of Giribawa, Millaniya and Ududumbara, were handed over to the Project Office at Gannoruwa Plant Genetic Resource Center.
7. Initiation of writing articles under botanical identification of the plant, its chemical components and their related researches, uses of herbal qualities, Agricultural and other information by selected resource persons for compilation of information on 50 herbal plants in inadequate use as identified by home garden surveys.

## Technical Division

### Registration of Ayurveda Companies/ issuance of licenses / recommendation

Subject	No. of institutions registered	Income received (Rs.)
Registration	Treatment Centers	420,400.00
	Panchakarma institutions	222,000.00
	Panchakarma institutions in hotels	87,000.00
	Hospitals	54,000.00
	<b>Total</b>	<b>783,400.00</b>

### Issuance of licenses by the Department of Ayurveda

Subject	No. of licenses issued for institutions		Income received (Rs.)
Issuance of licenses	Private Ayurveda hospitals	27	214,375.00
	manufactories	166	604,000.00
	transportation	35	22,500.00
	Trade centers	239	253,250.00
	Hotel related Panchakarma	35	310,000.00
	Panchakarma institutions	42	336,000.00
	For imported drugs - new	55	676,000.00
	For imported drugs - renewals	71	392,166.66
	For indigenous medicines - new	37	80,833.33
	For indigenous medicine - renewals	97	93,000.00
	<b>Total</b>	<b>804</b>	<b>2,982,124.99</b>

\*\* compilation and printing of books - 750 books of Ayurveda Samiksha have been printed.

### Conducting sub - committees

S/No.	Committee	No. of terms held
01.	Technical Committee	12
02.	Committee for Formulating Regulations	02
03.	Media censorship	01
04.	Formula Committee	09
05.	Duty Free Medicine Importation Committee	21
06.	Committee for final Proof Reading of Samiksha	02
07.	Committee for Preparation of Applications	52

\*\* 35 recommendations issued for conducting Preliminary Investigations/ Disciplinary Inquiries.

\*\* providing recommendations for ganja, Paripaka Spirits for Ayurveda Drugs Manufactories .

Ganja powder - 113.640 Kgs.

Paripaka spirits - 47,200 Ltrs.

\*\* designing, printing and islandwide distribution of the Ayurveda Calendar and New year handbook for the state function of anointing oil for year 2018

Calendars - Sinhala medium - 75,000  
Tamil medium - 5,000

New Year books - Sinhala medium - 6,250  
Tamil medium - 1,250

## Finance Division

### Financial Progress in 2018

Category/Object/Item	Allocations (Rs.)	Expenditure (Rs.)	Percentage of Expenditure (%)
Recurrent expenditure	<b>1,590,600,000.00</b>	<b>1,558,332,006.00</b>	<b>97.97</b>
1. general administration	114,900,000.00	112,748,792.00	98.13
2. hospital services	1,136,964,569.00	1,121,710,306.00	98.66
3. research	229,500,000.00	215,193,409.00	93.77
4. educational and training	29,730,500.00	29,676,585.00	99.82
5. herbal cultivation & conservation Project	79,504,931.00	79,002,914.00	99.37
Capital expenditure	<b>651,000,000.00</b>	<b>473,710,794.00</b>	<b>72.77</b>
1. general administration	10,700,000.00	5,517,849.00	51.57
2. hospital services	493,600,000.00	401,822,357.00	81.41
3. research	79,900,000.00	24,891,331.00	31.15
4. educational and training	42,900,000.00	24,718,945.00	57.62
5. herbal cultivation & conservation Project	23,900,000.00	16,760,312.00	70.13
Total expenditure	<b>2,241,600,000.00</b>	<b>2,032,042,800.00</b>	<b>90.65</b>
1. general administration	125,600,000.00	118,266,641.00	94.16
2. hospital services	1,630,564,569.00	1,523,532,663.00	93.44
3. research	309,400,000.00	240,084,740.00	77.60
4. educational and training	72,630,500.00	54,395,530.00	74.89
5. herbal cultivation & conservation Project	103,404,931.00	95,763,226	92.61

Monthly receipts and payments pertaining to Advance 'B' account from 01.01.2018 to 31.12.2018

Duration	Payments (Rs.)	receipts (Rs.)
January-December	52,838,375.55	39,654,993.96

## Supplies Division

S/No.	Procurement subject	Expenses during the period 01.01.2018 - 31.12.2018				
		Operations	Patient treatment	Research	Educational	Herbal gardens
01.	Finished medicines	-	41,334,098.00	18,885,535.00	-	-
02.	Raw medicines	-	4,034,684.00	-	-	-
03.	Security service	1,587,000.00	28,504,546.00	6,016,362.00	1,251,000.00	7,456,200.00
04.	Janitorial service	2,272,550.00	19,708,612.00	8,768,557.00	1,607,823.00	1,298,103.00
05.	Dry medicines	-	26,151,294.00	3,247,350.00	-	-
06.	food	-	28,674,010.00	6,373,064.00	-	-
07.	gas	-	6,075,291.00	1,238,371.00	-	-
08.	Laundry Service	-	1,156,730.00	267,755.00	68,305.00	-
09.	firewood	-	1,440,843.00	123,901.00	-	-
10.	Purchasing office furniture, computers and related equipment	983,421.38	3,681,684.00	833,632.67	407,802.41	142,325.18
		782,402.84	1,166,957.37	380,257.92	269,568.75	100,384.68
11.	Purchase of air conditioners, electronic appliances	220,225.00	228,160.00	215,280.00	-	-
		200,225.00	228,160.00	215,280.00	-	-
12.	Service agreement	869,278.37	2,577,448.08	876,397.85	342,183.53	31,560.00

## Salaries Division

Total cost incurred on personnel emoluments (with Overtime) during year 2018 amounted to Rs. 1,168,801,777.00.

## Examinations Division

S/No.	Activities	Duration held	attendance	Remarks
01.	Conducting Efficiency Bar Examination for Grade II of the post of Pharmacist recruited under MT-02 of the Non-Technical Category of Management Assistant in the Department of Ayurveda.	January 2018	01	Results issued
02.	Conducting Efficiency Bar Written Examination for Grades I, II, III of Linen Clerk, Ward Clerk, Masseur recruited under Management Assistant	February 2018	09	

	Non-Technical Category MN - 01 of the Department of Ayurveda			
03.	Conducting Efficiency Bar Written Examination for Grades I, II, III of Ayurveda Service Assistant recruited under Management Assistant Non-Technical Category 02 Code PL - 01 of the Department of Ayurveda	April 2018	92	Results issued
04.	Conducting Efficiency Bar Written Examination of the Ayurveda Medical Officers - 017-1	July 2018	723	
05.	Limited Written Examination for recruitment to the post of Government Ayurveda Masseur		17	
06.	Final Evaluation Test of Government Ayurveda Massaging Dispenser Three Month Training Course (North Western Province)		44	
07.	Conducting Lanka Siddhayurveda Final Examination	August 2018	29	
08.	Conducting Efficiency Bar Written Examination for Grade II of KKS in the Department of Ayurveda		11	
09.	Government Ayurveda Attendant Three Month Training Course Final Evaluation Examination (Western Province)	September 2018	40	
10.	Final Evaluation Examination for the Three Month Training Course of the Government Ayurvedic Dispenser (Uva Province)		14	
11.	Three Month Training Course of the Government Ayurvedic Dispenser (Western Province)	December 2018	21	

## Ayurveda Teaching Hospitals

### All treatment services

S/No.	Treatment service	Borella	Yakkala	Kaithadi	Manchanthoduwai	Trincomalee
01.	Outer	219,961	47,462	36,564	18,013	16,449
02.	Clinical	264,781	37,713	15,800	-	6,726
03.	Residential	2,352	899	1,235	221	51
04.	Panchakarma Clinic	-	4,111	149	-	-
	<b>total</b>	<b>487,094</b>	<b>90,185</b>	<b>53,748</b>	<b>18,234</b>	<b>23,226</b>

## Residential Patient Treatment Services

S/No	Treatment service	Borella	Yakkala	Kaithadi	Manchanthoduwai	Trincomalee
01.	Fractures	63	212	18	-	-
02.	Joint Clinics	707	264	550	166	42
03.	Paralysis	592	144	260	22	09
04.	Pediatric	179	-	03	05	-
05.	Gynecology	234	27	02	-	-
06.	Rectal diseases	65	-	-	-	-
07.	Dermatologica l	-	-	57	-	-
08.	Other	512	252	17	28	-
09.	Nervous diseases	-	-	316	-	-
10.	All body diseases	-	-	12	-	-
	<b>Total</b>	<b>2,352</b>	<b>899</b>	<b>1,235</b>	<b>221</b>	<b>51</b>

## General clinics

S/ No.	Clinics	Borella	Yakkala	Kaithadi				Trincomalee
		No. of patients treated	No. of patients treated	No. of patients treated		Percentage of recovery (%)		No. of patients treated
				Female	Male	Female	Male	
1.	General clinics	49,254	-	-	-	-	-	1,490
2.	Shalakyia (Eye, Throat, Ear, Nose)	10,926	4,646	1	1	60	65	321
3.	Surgical	22,132	10,131	135	116	70	65	-
4.	Unani	17,474	-	-	-	-	-	-
5.	Dental ailments	1,154	-	-	-	-	-	-
6.	Joint troubles	12,111	-	-	-	-	-	1,456
7.	Physical ailments	8,375	-	-	-	-	-	313
8.	Pediatrics	5,468	502	61	47	70	75	583
9.	Siddha	3,117	-	-	-	-	-	1,220
10.	Gynecology	6,190	-	-	-	-	-	187
11.	Dermatological	4,859	1,466	-	-	-	-	344
12.	Chronic illnesses/ non - communicable diseases	3,020	1,330	-	-	-	-	463
13.	Senior Citizen Clinics	1,725	598	444	314	75	70	349
14.	Special Clinics	7,227	-	278	157	85	85	-
15.	Gynecology clinics	-	2,249	192	18	75	50	-



16.	Mobile clinics	-	2,397	-	-	-	-	-
17.	Korean acupuncture	-	1,269	-	-	-	-	-
18.	Kidney clinics	-	-	2	12	25	25	-
19.	Psychological illnesses	1,677	721	-	-	-	-	-
20.	fractures	21,074	8,095	-	-	-	-	-
21.	Panchakarm	10,117	-	-	-	-	-	-
22.	Diabetic clinic	2,213	99	89	83	70	75	-
23.	Acupuncture	32,373	-	86	82	75	80	-
24.	Yoga clinic	18,248	32	-	-	-	-	-
25.	Ruwanari clinic	2,073	1,149	-	-	-	-	-
26.	Extra-fatness clinic	8,798	-	-	-	-	-	-
27.	Traditional clinics	-	1,693	-	-	-	-	-
28.	Nervous diseases	-	1236	-	-	-	-	-
29.	Gastritis	-	100	-	-	-	-	-
30.	Medical clinics	-	-	220	133	75	75	-
31.	Emergency treatments	2,705	-	-	-	-	-	-

### Special clinics (clinics conducted by traditional doctors)

S/No	Clinics	Borella	Yakkala
01.	Eye	679	650
02.	Fractures	2,483	59
03.	Boils	443	-
04.	Snake venom	660	-
05.	Mental ailments	119	-
06.	burns	142	25
07.	orthopedic	-	1,330
08.	Sexual illnesses	-	20
09.	paralysis	-	1,199

### Community health treatment services

S/No.	Mobile clinics	Year 2018 (arrival of patients)			
		Borella	Yakkala	Kaithadi	Manchanthoduwai
01.	Parliamentary clinics	2,773	-	-	-
02.	Clinics held at Police Stations	1,1183	-	-	-
03.	Clinics conducted in temples	-	1,116	-	-
04.	General clinics	2,853	-	-	190
05.	Universities	955	-	964	-
06.	Other places	784	1,055	2,072	-
07.	Clinics conducted in schools	-	228	-	-

## **Services and provision of other facilities**

- **Gampaha Wickramarachchi Ayurveda Teaching Hospital - Yakkala**

Has participated in 02 exhibitions representing the Department and academic facilities provided for 3,966 students.

- **Ayurveda Teaching Hospital - Kaithadi**

Providing 03 month training for 05 students in the University of Jaffna, reporting 09 Internal Medical Officers to Traditional Medical Officers, provision of programs conducted for Medical Students as arranged by Kaithadi Hospital, for 05 groups of Medical Students.

- **Ayurveda Teaching Hospital - Manchanthoduwai**

A Dengue elimination awareness program was conducted for 07 temples, religious places and public institutions.

- **Siddha Teaching Hospital - Trincomalee**

Has conducted an awareness program and a provision of project instructions for schools, while academic facilities have been provided from Monday to Friday for Medical Students in Eastern University and also conducted an introductory program on non-chemical food and non-communicable diseases.

- **Ayurveda Teaching Hospital - Borella**

Teaching facilities provided for 4 exhibitions and for 683 students and lecturers.

## Production and use of medicines

S/No.	Type of medicine (bottles/Kgs.)	Borella		Yakkala	Kaithadi		Manchathoduwai	Trincomalee
		Production	Use	Use	Production	Use	Use	Use
	bottles							
01.	Arishta	4,010	2,968	-	-	2,842	681	636
02.	Asawa	3,055	2,659	359	-	2,962	601	372
03.	oil	13,984	10,820	1,238.5	2,059.25	6,287.5	1,453	822
04.	Syrup	939	931	-	138	479	215509	33
05.	decoctions	68,200	68,200	13,200	-	719	-	487
06.	beverages	-	-	-			-	61
07.	brew	61,829	61,829	618	36,935 (120 ml. bottles)		-	-
08.	Other	90	90	-	6.25	-	-	-
09.	Anupana (60 ml )	-	-	-	11,837	11,837	-	-
	Kgs.							
10.	pills	467.900	720.536	-	18.785	172.42	76	41.5
11.	paste	1,681.165	13,788.765	-	-	173	61.7	20.3
12.	Lepa	1,931.520	1,528.070	-	91.45	182.93	60.75	24.5
13.	powder	4,620.410	4,262.670	-	356.655	1,287.725	199.5	139
14.	alkaline	739	739	-	-	-	-	-
15.	panta	106.500	106.500	-	-	-	-	-
16.	paththu	2,415.575	2,415.575	-	12,409 (60 g. packets)		-	05
17.	leha	-	-	-	-	-	34.4	-
18.	Other	126.965	63.528		3.525	67.27	-	-
19.	Other (packets)	-	-	-	30	23	-	-

## Sample testing in Medical Laboratory

S/No.	Test	Amount tested		
		Borella	Yakkala	Trincomalee
01.	Blood samples	4,197	331	60
02.	Urine samples		128	-
03.	Cholesterol testing		-	-
04.	X-Ray	2,949	-	-
05.	ECC	-	38	-

## Ayurveda Research Hospitals

S/No.	Treatment Service	Navinna	Hambantota	Ampara	Medawachchiya	Ninthavur (Outer Patients Dept.)
01.	OPD	53,359	29,748	34,224	8,990	14,188
02.	Clinics	34,803	-	1,681	409	1,176
03.	Residential	541	538	341	126	885
04.	Panchakarma	2,530	-	-	-	-
	<b>Total</b>	<b>91,233</b>	<b>30,286</b>	<b>36,246</b>	<b>9,525</b>	<b>16,249</b>

## Residential patient treatment services

S/ No.	Treatment service	Navinna	Hambantota	Ampara	Medawachchiya	Ninthavur
01.	Fractures	14	44	4	94	98
02.	Joint clinics	307	364	103	-	443
03.	Paralysis	115	31	58	-	177
04.	Pediatrics	71	24	-	-	-
05.	Gynecology	34	-	-	-	32
06.	Kidney trouble	-	-	-	16	-
07.	Diabetic	-	-	-	1	-
08.	High blood pressure	-	-	-	15	-
09.	Other illnesses	-	29	-	-	130
10.	Dermatological	-	-	19	-	-
11.	Arthritis(Ama Watha)	-	-	6	-	-
12.	Head diseases	-	-	4	-	-
13.	Mental illnesses	-	-	1	-	-
14.	Rectal ailments	-	-	2	-	-
15.	Nervous diseases	-	-	137	-	-
16.	Ulcer	-	-	1	-	-
17.	Gastritis	-	-	1	-	-
18.	Wounds	-	-	3	-	-
19.	Ganglion	-	-	2	-	-

## General clinics - No. of patients treated

S/ No.	Clinics	Navinna	Hambantota	Ampara	Ninthavur
01.	General clinics	-	27,948	1,681	1,007
02.	Shalakyia (eye, throat, ear, nose)	1,414	-	2,855	-
03.	Surgical	949	-	2,782	-
04.	Joint ailments	2,865	-	9,837	-
05.	Physical ailments	-	-	6,509	-
06.	pediatrics	385	-	1,650	-
07.	Gynecology	1,007	-	2,160	-
08.	Dermatology	1,643	-	1,724	-
09.	Indigenous therapy	-	-	3,394	-
10.	Chronic / non-communicable diseases	-	-	2,505	-
11.	Special clinics/ for pregnant mothers	-	-	-	262
12.	Optical diseases	1,157	-	-	-
13.	Shwithara clinic	1,362	-	-	-
14.	Ganglion clinic	1,027	-	-	-
15.	Kidney clinic	401	-	-	-
16.	Adult clinic	605	-	-	-
17.	Rectal surgical illnesses	565	-	-	-
18.	Panchakarma clinic	1,068	-	-	-
19.	Diabetic clinic	721	-	-	-
20.	Fracture clinic	2,566	-	-	-
21.	Medas Wruddhi clinic	388	-	-	-
22.	untimely hair maturity clinic	257	-	-	-
23.	nervous diseases clinic	373	-	-	-
24.	Heart trouble clinic	339	-	-	-
25.	Cancer clinic	292	-	-	-
26.	Dentistry	-	-	808	-
27.	Other clinics (mobile clinics, school clinics)	-	-	-	2,099

## Special clinics (clinics conducted by traditional physicians)

S/No.	Clinic	Navinna	Ampara	Hambantota
01.	Eye	1,156	-	1,544
02.	Fractures	1,831	2,456	-
03.	Boils	271	-	-
04.	Snake venom	-	657	-
05.	Mental troubles	22	-	-
06.	burns	04	281	-

## Community Health Treatment Services - 2018 No. of patients treated

S/No.	Mobile clinics	Navinna	Hambantota	Ampara	Medawachchiya	Ninthavur
01.	Clinics conducted in Police Stations	124	158	851	-	-
02.	Clinics conducted in temples	-	-	111	173	-
03.	Clinics conducted in Divisional Secretariats	-	77	136	-	170
04.	General clinics	359	-	563	219	-
05.	Death Grant Societies	-	-	-	87	-
06.	Schools	-	-	-	-	173
07.	MOH	-	-	290	-	262

### Provision of Services and other facilities

#### Chamal Rajapaksha Ayurveda Research Hospital - Hambantota

Participated in the exhibition conducted by Hambantota District Health Service Office and Enterprise Sri Lanka Exhibition.

#### Ayurveda Research Hospital - Ampara

Attended the Maternity Workshop conducted by Ampara D.S. Office and the exhibition conducted in Uhana. Conducted awareness program for Ampara D.S. Office Nutrition Home, provision of information on herbal plants for undergraduates and training programs for apprentice doctors.

#### Non-communicable diseases Ayurveda Research Hospital - Ninthavur

Clinic	No.	No. of patients
Hospital clinics	19	1,007
Mobile clinics	06	881
School awareness programs	05	698
Pregnant mother awareness programs	02	262
Health education programs	03	740
Health education programs	02	520
Programs for raising awareness on (toxic) food	02	450

**Production and use of medicines**

S/No.	Type of medicine (bottles/ Kgs.)	Navinna		Hambantota		Ampara		Medawachchiya
		Production	Use	Production	Use	Production	Use	Production Use
	<b>Bottles</b>							
01.	Arishta	-	-	-	-	-	-	- 47
02.	Asawa	2209		-	1,165			30
03.	Oil	1033		10.5	1,939	209	174	644
04.	Syrup			-	75		99	
05.	Decoction		27182	11.281	1,940		411	100
06.	Beverages			-	-			
07.	Brew		1701.02	1,200	-		1223.4	
08.	Anupana (after drinks/food)			38	-			
09.	Other (boiled water)		6133.56	361	-			
10.	Other (liquids)		201.5					
	<b>Kgs.</b>							
11.	Pills	88.046		-	66			141.52
12.	Paste			800	81.750			176.61
13.	Lepa			5.500	40.750		9.59	40.15
14.	Powder	2367.37		3.100	557.500	143.73	138.78	389.4
15.	Panta				-			
16.	Paththu			46	-		1.80	
17.	Other (solid)	370.105			-			
18.	Leha				5.600			
19.	Vati				64			
20.	Flavor				18			
21.	Packs	107.5			168			

## 8.1 Bandaranaike Memorial Ayurveda Research Institute

### Navinna Research Hospital

Commencement	-	14.10.1962
No. of Wards	-	04
Beds	-	67

### Research institute

- Consists of Outer and Residential Patient Departments for patient treatment services and Standardization, Botanical, Drugs Production, Literary Research Divisions.
- Participated in 02 workshops under School Educational Services, 04 Awareness Programs, 04 awareness programs for schools and Universities and 02 clinics in 02 private institutions.

### Sample testing in medical laboratory

S/No.	Test	Amount tested			
		Navinna	Ampara	Medawachchiya	Ninthavur
01.	Blood samples	29	33	379	1,021
02.	Urine samples	03	731		-

### Provision of library facilities

No.	Activity	Facilitator institution	No.
1.	Ayurvedic Doctor Postgraduate Doctor	2017 Bandaranaike Ayurveda Research Institute  Ayurveda Teaching Hospital	Around 100 Intern Medical Officers
2.	Undergraduate	University of Sri Jayewardenepura University of Colombo	08 03
3.	School pupils	Presbyterian National Girls' School	03
4.	Other (Ayurveda Shasthri etc.)	Divisional Secretary's Division, Dehiowita	01



## 1. Standardization Division

### ❖ Standardization Services

Field of service supply	Service Provider institution
Purchase of dry medicines - provision of standard reports for samples referred by the Technical Evaluation Committee for year 2018	Technical Evaluation Committee, Department of Ayurveda
Testing raw materials sent through the store	Store, Ayurveda Research Institute
Testing finished medicine sent through the manufactory	Drugs Manufactory, Ayurveda Research Institute
Provision of test reports for a sample referred by the Technical Division (19.03.2018)	Technical Division, Department of Ayurveda
Provision of quality reports for a sample of Citrus oil referred by the Drugs Corporation. Provision of a quality report for a sample of virgin coconut oil sent by the same institution	Drugs Corporation, Navinna
Institute of Indigenous Medicine providing a TLC report for a research medicine of an undergraduate of that institution	Institute of Indigenous Medicine
Provision of quality reports for a sample of gingelly oil	Department of Ayurveda, Western Provincial Council

### ❖ Extension Services

Extension Service	The matter of concern	Service provider institution/ group of persons
Awareness	On functionality and uses of analytical equipment  Use and requirement of analytical equipment in quality control and standardization of Ayurvedic drugs	For undergraduates in the University of Ruhuna & Gampaha Wickramarachchi Medical College, traditional doctors and for the medical staff in Ninthavur Research Hospital
Training programs	Quality control and standard of Ayurvedic drugs, standardization and quality control of Ayurvedic drugs.	For Development Officers in the Department of Ayurveda, North Western Province and for the Professionals supplementary to medicine in the Department of Ayurveda in Southern Provincial Council

### ❖ Compilation of handbill books

Compilation of handbill books	Subject area	Topic	Supporting Division/ institution
Resource person, Mrs. Thamara Navaratne	Collection of plant chemical and biological information of herbal plants	Code of herbal plants, BACC Project	Development Division, Department of Ayurveda

## 2. Botanical Division

### Research Progress - Institutional

Areas of research	Research topic	Anticipated output	Year of commencement	Progress %	Responsibility / research team
Identification of herbal plants	Investigation of morphoanatomical variation recorded in Srilanka Human botanical survey, Dolukanda reservation	Proper identification of the 7 species of Sida Conservation of endangered herbal plants	2018	35%	All Research Assistant Officers
			2018	25%	
Identification and confirmation of herbal raw materials	Raw materials utilized for Dashansha and Pilyasawaya	Production of quality medicines	End part of year 2018	25%	

### ❖ Extension Services

Extension Services	Service provider institution/ group of persons and number		
	Schools	Government institutions	Other
Awareness	02	05	
Workshops	-	01	
Exhibitions	01	04	01

- Handbills submitted for printing on cultivation of Aloe Vera also with assistance of the Department of Ayurveda.

### Evaluation of Annual Action Plan – 2018

Bandaranaike Memorial Ayurvedic Research Institute

	Completed project	Ongoing project
Collaborative Research on Prameha Medications	✓	
Research and Development on medicinal plants		✓
Strengthening of drug research and standardization of laboratory facilities.		✓
Literary Research		✓
Development and strengthening of clinical service division		✓

## 8.2 National Institute on Traditional Medicine

This institute, which can be identified as a creative and effective study center on Ayurveda and systems of traditional medicine, was launched in 1987. The role of this institution is to promote understanding, skills and conduct of all parties through training in order to provide an efficient, quality and more effective Ayurveda treatment service to the public. Conducting Sambhasha and Gurukula programs, direct involvement for nourishment of systems of traditional medicine through data so collected and provision of required knowledge for target groups are also done by the institution. These courses are also conducted for target groups ranging from Doctors to the Attendant, school pupils, government officers, adults and beauticians etc.

### Vision

A healthy society through excellence in Ayurveda

### Mission

To become the institution par excellence in Ayurvedic Human Resource Development



### Progress from 01.01.2018 to 31.12.2018

S/No.	Program	No. of programs	No. of beneficiaries	Amount of estimate (Rs.)	Expenditure (Rs. )
01	Medical Officer Training Programs	18	1396	23,266,172.00	17,708,775.19
02	Traditional Medical Officer Training Programs	09	266	811,900.00	590,124.00
03	Nursing and Ancillary Medical Staff and other Training	09	112	120,825.25	58,768.25
04	Community Health / Maternal and Child Nutrition Training Programs	29	5922	2,151,230.00	1,865,533.00
05	Staff training	04	19	212,000.00	212,000.00
06	Special programs	01	Community	311,500.00	285,880.00
<b>Total</b>		<b>70</b>	<b>7,715</b>	<b>26,873,627.25</b>	<b>20,721,080.44</b>

### 8.3 Ayurvedic Medical Council

The Indigenous Medical Council established in 1928 on a Sub-Committee recommendation of the State Council of 1927 was the initial legally authorized institution in the field of Sri Lankan Ayurveda. Thereafter, the Ayurvedic Medical Council, being established by the Ceylon Ayurveda Medical Council Ordinance No. 46 of 1935 was re-established under provisions of the Indigenous Medical Council Ordinance No. 17 of 1941 (amended by No. 49 of 1945 and No. 49 of 1949). The Ayurvedic Medical Council in operation at present is a statutory body established under Ayurveda Act No. 31 of 1961.

#### **Vision**

To become the supreme body in the field of Ayurveda in Sri Lanka by preserving professional quality and pride

#### **Mission**

To protect legal foundation required for quality development in the field of Ayurveda by rendering a maximum public service consistent with professional ethics.

#### **Roles**

- (a) To recommend whether any institution teaching Ayurveda should be approved by the Minister for the purpose of this Act
- (b) Registration of names of persons as Ayurveda Doctors
- (c) Registration of names of persons as Ayurveda Dispensers
- (d) Registration of names of persons as Ayurveda Attendants
- (e) Cancellation or suspension of such registration and,
- (f) Formulation of legislations for regulation and control of professional conduct of Ayurvedic Doctors, Ayurveda Dispensers, Ayurveda Attendants and for any purpose mentioned in the paragraphs (a) to (e) in this Section

#### **Staff information**

Chairman	-	01
Ayurvedic Medical Council	-	17
Registrar	-	01
Chief Management Assistant	-	01
Management Assistant	-	10
Labourer	-	02

Six million Rupees (6,000,000.00) have been received by Ayurvedic Medical Council as government provisions for year 2018. The Ayurvedic Medical Council received an income of Rs. 6,101,126 whereas the expenditure amounted to 13,834,434.00. Accordingly, the Ayurvedic Medical Council received a total revenue of Rs. 12,101,126.00 for the year 2018.

Ayurvedic Medical Council operated 02 Standing Sub-Committees for year 2018.

1. Board of Examination Administration
  2. Committee on Punishable Instances
- The Written Examination for Registration of Traditional Ayurvedic Doctors was conducted on 21<sup>st</sup> and 22<sup>nd</sup> July 2018 under full supervision of the Board of Examination Administration. 592 applications were called for this Examination and 414 applicants have sat for the Written Examination.
  - 12 persons were referred, during year 2018, to the Committee on Punishable Instances, which is a complex and responsible process of legal enquiry as established in terms of disciplinary regulations and it has been decided to conduct relevant enquiries in due course.
  - Sub-Committee to Determine Additional Qualifications of Registered Ayurveda Doctors - 11 certificates have been issued thereunder for year 2018.

### **Investigations**

A Public Complaint Investigation Unit has been established in the Ayurvedic Medical Council to examine and take due legal action on professional misconduct of doctors registered in Ayurvedic Medical Council and complaints made on unregistered persons impersonating as Ayurvedic Doctors. Its primary purpose is to investigate irregularities, professional misconduct as well as action taken against Ayurvedic ethics of such Doctors. This role of the Council was performed by separating the complaints into the categories of newspaper complaints and public complaints. As such, 13 complaints were enquired into during year 2018.

### **Special Medical Boards**

04 Special Medical Boards were held during year 2018.

### **Registration of Ayurvedic Doctors in terms of Sections 55 (1) & 55 (2) of the Act**

Doctors are registered under following basic policies.

- Registration of Graduates of Ayurveda, holders of Certificates of Higher Knowledge and holders of certificates recognized by the government, on their qualifications.
- Registration of Traditional Doctors qualified on results of the Interview and recommendations in terms of the Legislation passed by Ayurvedic Medical Council.
- Gradations are made based on the marks scored by the applicant at the Interview and the applicants who fail in Interview are subjected to a period of evaluation such as three months, six months and a year depending on the marks they have scored and are re-called for an interview.

- 25,431 doctors had been registered in the Ayurvedic Medical Council by the end of year 2018. Out of them, 356 Ayurvedic Doctors were registered under following segments during year 2018:

General (all body) Graduates	-	274
General (all body) Diploma Holders	-	27
Traditional all body	-	11
Traditional Special	-	44

- 08 Ayurvedic Attendants - Nursing Officers were registered during year 2018.

### Professional Development Programs

220 doctors attended the Professional Development Program conducted in Kalutara District in Western Province. Ayurvedic Medical Council has also attended programs conducted by Provincial Commissioners of Ayurveda in the Provinces of Eastern, Central, Southern and Uva and Ayurveda Expo International Educational and Trade Exhibition, 2018.

### Other functions of Ayurvedic Medical Council

Item	2018
No. of Doctors reported to be dead	107
No. of Medical Certificates Confirmed	738
Issuance of identity cards for registered Ayurvedic Doctors	490
Issuance of vehicle logos	126
Conducting Primary Professional Development Programs for newly registered doctors	67
No. of Medical Certificate books issued	1,398

## 8.4 Herbal gardens

### Vision

To generate a tradition knowledgeable in identifying herbal plants and raw materials, their production and sustainable use.

### Mission

Optimum use of physical resources and to meet development needs by promotion of skills and attitudes of human resources.

The Department of Ayurveda which is the state institution functioning with a view to propagating the system of Ayurvedic Medicine among the general public, commenced setting up herbal gardens representing different eco-zones in different areas in the island with effect from 1964 to achieve following objectives.

- Continuation as a live herbarium by cultivation of multiple herbal plant species at the same location.
- Conservation of rare and hereditary herbal plants.
- Dissemination of herbal plants through herbal plant nurseries and introduction of methodologies of herbal plant cultivation technology.

#### Other activities performed

- Provision of herbal plants and technical knowhow required for setting up herbal plants in schools, temples, public and private sector establishments.
- Selling herbal plants and publications.
- Conducting awareness programs on the requests made by Public and private Sector parties.

Accordingly, 7 herbal gardens have been established so far

S/No.	National Research Herbal Garden	Year established
1.	National Research Herbal Garden - Navinna	1964
2.	Herbal Garden on Research and Extension Services - Haldummulla	1984
3.	Herbal Garden on Research and Extension Services - Pattipola	1985
4.	Herbal Garden on Research and Extension Services - Girandurukotte	1988
5.	Herbal Garden on Research and Extension Services - Pallekele	1990
6.	Herbal Garden on Research and Extension Services - Pinnaduwa	2001
7.	Herbal Garden on Research and Extension Services - Kanneliya	2001

#### Conservation activities

		Haldummulla	Pattipola	Girandurukotte	Navinna	Pallekele	Pinnaduwa	Kanneliya
<b>A</b>	<b>Land conservation</b>							
I.	Bio ranges	300 (ft.)	05 (acres)	01 (acres)	-	30 (feet)	200 (meters)	Meters 100
II.	Land cover cultivations	½ (acres) 300 (ft.)	29 (acres)	25	-	1000 (square feet)	800 (meters)	
III.	Setting stone ranges and cutting drains	6,475 (cubic feet)	30 (acres)	-	-	100 ft.	300 (meters)	

<b>B</b>	<b>Plant conservation</b>							
I.	Rare	19	-	05	05	07	07	02
II.	Hereditary	19	-	-	02	10	06	04
III.	Disappearing plants	13	-	08	05	10	06	-
IV.	Common plants	125	-	08	15	300	48	10

### Production of herbal raw material

S/No	Plant species	Nature		Period offerable
		raw (Kgs..)	Dry (Kgs.)	
	<b>Haldummulla</b>			
1.	Adathoda	200	-	Throughout year
2.	Loth sumbul	200	-	
3.	Fire-flame bush	-	50	July, August, September
4.	Chinese chaste tree	-	10.15	Throughout year
5.	snap ginger	-	100	
	<b>Pattipola Herbal Garden</b>			
1.	Loth Sumbul	-	250	-
2.	Indian barberry	500	-	--
3.	claw flowered laurel	100	-	-
4.	snap ginger	250	-	-
5.	Aloe vera	100	-	-
6.	Khas-Khas grass	20	-	-
	<b>Girandurukotte Herbal Garden</b>			
1.	Chinese chaste tree	-	1000	March 2019
2.	Malabar nut	500		
3.	Indian gooseberry	-	25	May 2019
4.	Arjun tree	100	-	March 2019
5.	Black plum	100	-	
6.	Khas-Khas grass	-	02	May 2019
7.	Kirata	-	10	
8.	Jasmine	05	-	
9.	Maha midi	10	-	
10.	Aloe vera (leaves)	15	-	April 2019
11.	Porcupine flower	05	-	
12.	Maha midi	08		
13.	Aloe vera	15	-	May
13.	Pomegranate	02	-	February 2019
14.	fire plant	02	-	
15.	snap ginger	20	-	



It is scheduled to receive 50 Kilograms of Adathoda and 20 Kilograms of Country borage from pallekele herbal garden.

#### Herbal plant production and selling activities

S/No.	Herbal garden	No. of plants produced	Plant sales income	
			No. of plants	Value (Rs.)
1.	Pinnaduwa	16,379	7,488	373,895.00
2.	Pattipola	3,661	1,219	52,260.00
3.	Pallekele	18,929	15,486	49,0070.00
4.	Haldummulla	28,388	11,834	459,200.00
5.	Navinna	5,533	7,899	353,830.00
6.	Girandurukotte	31,174	614	86,840.00
	<b>Total</b>	<b>104,064</b>	<b>44,540</b>	<b>1,816,095.00</b>

#### Services rendered by herbal gardens

##### Publications and books

S/No.	Herbal garden	Amount	Income (Rs.)
1.	Pinnaduwa	110	1100.00
2.	Pallekele	23	230.00
3.	Haldummulla	80	800.00
4.	Navinna	31	310.00
<b>Total</b>		<b>244</b>	<b>2440.00</b>

#### Miscellaneous income

S/No.	Herbal garden	Value (Rs.)
1.	Giving on rent - circuit bungalows / hostels / lecture halls/ holiday homes	
	Haldummulla	537,000.00
	Pattipola	334,500.00
	Girandurukotte	70,800.00
	Kataragama	155,800.00
2.	<b>Other</b>	
	<b>Pattipola herbal garden</b>	
	Cash received for providing bed sheets in the circuit bungalow	17,670.00

## Social hospitality activities

- 190 awareness programs, 09 workshops, 10 exhibitions and 812 technical cultivation instructions have been conducted by the 07 herbal gardens.
- An income of Rs. 11,795.00 has been received by selling flower as by-products of Pattipola herbal garden.

## Book value of the free issuance of plants/ raw materials

S/No.	Herbal garden	Free issuance of plants		Exchange of plants among herbal gardens	
		Amount	value (Rs.)	Amount	value (Rs.)
1	Pinnaduwa	36,623	109,930.00	-	-
2	Pattipola	2,031	68,800.00	1,381	44,930.00
3	Pallekele	7,631	2,35,110.00	-	-
4	Girandurukotte	6,079	195,450.00	-	-
5	Navinna	6,258	202,970.00	-	-
6	Haldummulla	8,047	243,310.00	-	-
	<b>Total</b>	<b>66,669</b>	<b>1,055,570.00</b>	<b>1,381</b>	<b>44,930.00</b>

## Types of plant issued for Special Projects (Farmer Participatory Program / Herbal Farmer Program)

S/No.	Type of medicine	Haldummulla	Pattipola	Pinnaduwa
1.	Indian Winter Cherry	325	-	1400
2.	Thirasthwalu	200 seeds	-	565
3.	Kapukinissa	600 seeds	-	340
4.	snap ginger	1000	-	-
5.	Variegated Sweet Flag	-	950	-

## Numbers of plant issued for Special Projects (Farmer Participatory Program)

Name of the Project	No. of Plants	Value (Rs.)
<b>Pinnaduwa Herbal Garden</b>		
Farmer Participatory Herbal Cultivation Project	1400	43,000.00
Herbal Farmer Program - Mathugama	565	18,950.00
Herbal Farmer Program	340	11,400.00
<b>Navinna Herbal Garden</b>		
BACC Projects	107	11,050.00
Herbal Farmer Program	86	3,560.00
<b>Pallekele Herbal Garden</b>		
BACC Projects	1,085	33,150.00

## Research - Internal

Research Topic		Coordinating Officer	Relevant particulars
<b>Pinnaduwa Herbal Garden</b>			
	Orientation of Nethrappalama Banana to Outer Environment	C.S.Hettiarachchi	Successfully completed
	Sterilization of Wild Castor Seeds		Successfully completed
	Orientation of Yam Medicines to Outer Environment		
	Sterilization of the Main Shoot of Red Sandalwood		
	Sterilization of Saffron		At research level
	Sterilization of Pieces of Gurmar Stem		Successfully completed
	Multiplication of Yam Medicines		Successfully completed
	Orientation of Aloe vera to Outer Environment		At research level
	Sterilization of Rath Milla		
	Sterilization of Ruk Aguna Shoots		

### 8.5 Anuradhapura Ayurveda Community Health Promotions services

The Ayurveda Community Health Promotion Service operating under the Department of Ayurveda of the Indigenous Medicine Sector is an illness prevention program operating in all 22 Divisional Secretary's Divisions in Anuradhapura District. Being initiated in Anuradhapura District as a Pilot Program in 2001, this has become a permanent service at present. Its objective is to generate a physically, mentally, socially, spiritually and economically prosperous community in Sri Lanka through the Ayurveda vision of life.

#### Staff information

Director	-	01
Community Health Medical Officers	-	24
Development Assistant (Agri) Officers - attached	-	03
Community Health Development Officers	-	204
Management Assistant	-	01
Driver	-	01
Ayurvedic Service Assistant (attached)	-	02



Non-communicable disease control program



nutrition programs

Following programs are prioritized among programs conducted by this Project.

**Anuradhapura Ayurveda Community Health Promotion Service - Progress as at 31<sup>st</sup> December 2018**

S/No.	Program	Program particulars	No. of programs conducted	beneficiaries		
1.	Controlling non-communicable diseases	1.mobile medical clinics	318			
		No. of patients treated	6,391			
		No. of patients referred	307			
				2. primary tests for identification of patients	569	16,674
				3. official premises associated health promotion programs	220	4,597
				4. promotion of mental health through Yoga and Disciplinary exercises	177	2,233
				5. awareness programs	3,975	74,796
		6. no. of patients checked	2,768			
2.	program for controlling Communicable diseases	Non-communicable disease controlling programs	2,803	44,713		
3.	Nutrition program	Propagation of indigenous food / promotion program on nutrition concepts suitable for Sri Lankans.				
		1. Practical programs	2,058			
		2. awareness programs	2,641			
4.	Child health protection	Child Health Conservation Pre School/ School Hygienic Program				
		1. Child Hygiene Promotion Programs	1,755			
		4. Junior Clinics	741			
		5. awareness programs	1,384			
5.	Community based adult health service program	Adult health promotion program				
		1. No of clinics	614	14,947		
		2. No. of adults supervised	17,939			
		3. No. referred for further treatment centers	796			
6.	Mental Health Promotion Program	Mental Health Promotion Programs	203	5,641		
7.	Maternal Protection	Maternity Clinics	206	2,258		
8.	School programs	1. raising awareness among school pupils and teachers	151	9,190		
		2. Year-5 Scholarship assistance programs	86	4,587		
		3. school related clinical service program	36	1,515		
		4. Yoga and discipline exercise program	369	653		
9.	raising awareness among household units	Raising awareness among household units	43,461	62,114		
10.	Community Treatment Service Programs and other Special Programs	1. Controlling communicable diseases / other special programs	755	10,556		
		2.special kidney clinic / controlling non-communicable diseases	132	1,851		
		3.Spiritual Development Program	19	251		
11.	Conservation & Sustainable Use of Herbal Plants	1. Model Nurseries	53	5,168		
		2.No. of Organic home garden programs	558			
		no. of home gardens	2,471			
		3.Herbal gardens (Schools/ public institutions/ other)				
		No. of herbal gardens	207			



# **Ayurvedic Drugs Corporation of Sri Lanka**

## **09. Ayurvedic Drugs Corporation of Sri Lanka**

### **Vision**

To become a leading institution with the primary objective of supplying services by preserving identity of Indigenous Medicine while meeting local and international requirements for Ayurveda Medicine in building up a healthy society.

### **Mission**

To perform a leading role in creating a healthy society by fulfilling requirements of employee promotion and social welfare while also fulfilling public requirements through production, importation, distribution, provision of research services and conservation of high standard Ayurvedic products.

Ayurvedic Drugs Corporation of Sri Lanka was established by Hon. Phillip Gunawardena, Minister of Industry and Fisheries by the Gazette Extraordinary no. 14853/3 of 11<sup>th</sup> May 1969 of the Government of Sri Lanka under the State Industrial Corporations Act No. 49 of 1957.

### **Main objectives of the Corporation**

1. To produce high standard Ayurvedic Drugs
2. To become the main supplier of medicines to all Ayurveda hospitals, Central Dispensaries and Free Ayurveda Treatment Centers of Public Sector.
3. Importation of raw materials for Ayurveda, Siddha, Unani medicines and selling them to local market requirements.
4. Production of high standard local medicines targeting competitive private market and popularizing them.
5. Giving a maximum price to farmers who manufacture locally produced raw materials by purchasing them at certified levels of price, storing and selling them at a fair price.
6. Conservation of herbal plants and expansion of cultivations
7. Conducting research for promoting quality of medicinal products and standardization of such types of medicines.
8. Taking action to protect the system of traditional medicine by lawful receipt of medicines prohibited to be sold but still are required for manufacture of medicines and then by lawful provision of them to doctors manufacturing medicines.

## Development Projects

S/No.	Project	Estimated amount (Rs.Mn.)	Physical progress	Financial progress
01	Construction of the four storied stores complex - this consists of 28,500 square feet and items such as dry raw materials, empty bottles, sugar, plastic packings etc, have been stored in the basement floor. The ground floor contains all finished medicines distributed to Public Sector while the 1 <sup>st</sup> floor contains the Laboratory, Information Technology Unit and Label Store and the 2 <sup>nd</sup> floor consists of two staff rest rooms. Multi-purpose lecture hall and Accounts Division are established in 3 <sup>rd</sup> floor.	157.00	100%	95%
02	Renovation of roof of the main manufactory - roof was renovated under instructions of the State Engineering Corporation. This renovation of the roof has resulted not only in adding a good outlook to the roof, but also in giving it a durability also helping herbal production in terms of good production practices.	34.78	100%	95%
03	Laying interlock blocks in institution premises - interlock laid for keeping cleanliness and maintaining good outlook in the premises of the main manufactory.	5.8	100%	95%
04	Creation of a new System of Power Distribution - This system has been created for uninterrupted supply of power required for the main manufactory, four storied stores complex and office buildings. It is scheduled to set up the system as its second stage.	0.96	100%	20%
5	Production of flavoured drugs - Although Ayurvedic Drugs Corporation leads the drugs manufacturing industry, it has not yet succeeded in supplying to cater to the demand. It manufactures only an amount of flavoured drugs worthy of Rs. 10 Mn. in production cost. All medicines received for flavored drugs are elements of Earth and they are elements consisting of Mercury, Sulphur, Arsenic Bisulphite, Vermilion, Arsenic Trisulphide and Gold. All the above flavored drugs are manufactured as non-toxic quality drugs by following special methodologies.	42.5	5%	-

## Projects operated during years 2017 & 2018

S/No.	Project	Investment (Rs. Mn.)	Physical progress	Financial progress
01	<b>Purchasing 3 pieces of Electric Tray Driers -</b> These 03 electrically operated Driers were purchased for improvement of flavored drug drying capacity in Flavored Vatika Division and for drying raw materials required for producing medicinal tablets. 02 out of these 03 machines have been installed in the Flavored Vatika Division in the main Manufactory while the other machine has been installed in the new Manufactory.	4.14	100%	100%
02	<b>Purchasing 4 End Runner Mills</b> These 4 End Runner Mills were purchased to increase production capacity in the Flavoured Vatika Division and they have been added for use in the process of grinding medicine.	8.835	100%	95%
03	<b>Purchasing 02 Electric Stackers -</b> These machines were purchased in year 2018 for material handling purposes in the manufactory and new four storied stores complex and are successfully utilized for operational purposes.	2.53	100%	95%
04	<b>Purchasing a Hydraulic Lift -</b> The finished drugs produced in the Manufactory need to be carried for storing in the ground floor of the new four storeyed stores complex. This machine was purchased during year 2018 to position simultaneously two trolleys upto a height of some 06 feet from the ground level. This has increased efficiency of storing finished drugs.	4.134	100%	95%
05	<b>Purchasing a Material Hoist -</b> This machine has been installed in the four storied stores complex for the purpose of carrying items to any floor in that stores complex.	3.223	100%	20%
06	<b>Purchasing an electric Fork Lift -</b> This is a non-smoke emitting eco-friendly machine. This can be easily used for handling raw material storing work in the ground floor of the four storied stores complex and to handle raw materials and goods in the factory premises.	4.134	100%	95%



## Product diversification

06 new products were introduced to the market on 06.08.2018 by adding to the Corporation Product Series extraneous to traditionally continued Ayurvedic Drugs. These products were introduced as a result of studies carried out by understanding changing customer needs and patterns of consumption.



## Establishment of Sales Branches

Ayurvedic Drugs Corporation sales outlet network is broadened with a view to increasing sale of Corporation Products.

### Aluthgama Sales Outlet

The only sales outlet between Colombo and Galle was set up on 08.03.2018 at the middle of Aluthgama town under supervision of Hon. (Dr.) Rajitha Senaratne, Minister of Health, Nutrition & Indigenous Medicine.

The net sales income as at 31.12.2018 amounted to Rs. 2,106,357.00.

## **Ja-ela sales outlet**

Ja-ela sales outlet was established for the purpose of increasing the sale of Corporation products within the district of Gampaha. This Branch was declared open on 25.09.2018 under supervision of Hon. (Dr.) Rajitha Senaratne, Minister of Health, Nutrition & Indigenous Medicine.

The net sales income by 31.12.2018 amounted to Rs. 801,620.00.

## **Special Projects**

### **Dry Medicine Collection Center - Moneragala**

Provision of dry medicine is one of the main challenges faced by the Ayurvedic Drugs Corporation. As such, a dry medicine collection center was established in May, 2018. There are medicines such as gallnut, baheda, Indian gooseberry, Khas-Khas grass, Bin kohoma etc., in common supply in Uva Province. The farmers receive an economic benefit by the purchase of their products under a certified price and yet another advantage is the Corporation becoming free of intermediate dealers. This is one part of our social hospitality program for eliminating poverty by sustainable development.

### **Initiation of 'Punarudaya' (Renaissance) 60 day operation**

The 'Punarudaya' (Renaissance) 60 Day Operation was launched on 25.06.2018 at Waters' Edge Hotel, Battaramulla, with a media conference, as yet another significant chapter of the development process of the Ayurvedic Drugs Corporation. Media institutions were enlightened there about programs and activities scheduled to be conducted within coming 60 days and this conference was conducted under supervision of Hon. (Dr.) Rajitha Senaratne, Minister of Health, Nutrition and Indigenous Medicine.

### **Organizing Sales Promotion Workshops**

All island public awareness workshops were held on Ayurvedic drugs by conducting sales promotion programs in public and private institutions with a view to increasing sales of medicine in Ayurvedic Drugs Corporation of Sri Lanka, a summary of which is lined up below:

Month of the program	Institution held	Date conducted	Net income
February	Orange Electricals (Pvt.) Ltd., Meegoda	22.02.2018	5,265.00
February	Sri Lanka Broadcasting Corporation	23.02.2018	5,015.00
February	Isurupaya, Battaramulla	23.02.2018	10,348.75
February	Foreign Employment Bureau, Battaramulla	27.02.2018	31,101.25
March	National Health Service Exhibition, BMICH	02,03 04.02.2018	142,050.00
March	Brandex, Welisara	08.03.2018	6,665.00
April	Institute of Immigration & Emigration	23.04.2018	22,472.50
May	Maga Neguma Institution	09.05.2018	22,046.25
May	Registrar General's Department	17.05.2018	26,963.50
May	Petroleum Corporation	18.05.2018	223,350.00
June	Ayurveda Expo - 2018	13,14, 15.07.2018	116,883.75
July	Gampaha Railway Station	26.07.2018	234,596.55
September	Board of Investment, Katunayake	04.09.2018	12,376.50
September	Divisional Secretariat, Beruwala	24.08.2018	21,663.00
September	AYUREX-2018 Kandy City Centre	04.10.2018	61,852.50
October	Department of Ayurveda, Trincomalee	05.06. 07.10.2018	8,931.25
October	National Savings Bank	25.10.2018	8,986.50
October	Ampara		
	<b>Total</b>		<b>960,567.30</b>

#### Annual Production and sales progress of the Corporation- 2018

Description	Rs. Mn.
Annual production	394.081
Total net sales	688.355



Founder of Homeopathy system of medicine

## **Homeopathy System of Medicine**

## **10. Homeopathy System of Medicine**

Homeopathy system of medicine is a special system of medicine which treats not only the disease, but also its root cause. This is a system of medicine which is free of side effects and easy to apply and economical. Natural immunity is strengthened by the use of these medicines manufactured by means of natural substances such as animal, plant and metallic components. The use of these drugs which increases natural immunity also strengthens the individual power of resistance against diseases. The Homeopathic Medical Council situated at No. 94, Welisara as established under Homeopathy Act on 07 of 1970, is the key institution responsible for maintaining and disseminating the Homeopathy system of medicine as introduced by the German Doctor Samuel Hahnemann and the Government Homeopathy Hospital, Welisara is the first and only Homeopathy Hospital in Sri Lanka for these types of treatments. Government Homeopathy Hospital, Welisara and Homeopathic Medical Council are administered by Indigenous Medicine Sector.

### **10.1. Homeopathy Hospital**

#### **Vision**

To Generate a healthy nation capable of contributing to development of entire Sri Lankan populace.

#### **Mission**

To take an active program to general public through Homeopathy Hospital, Welisara to propagate Homeopathy System of Medicine as an economical system of medicine facilitating remedial and prevention of diseases for Sri Lankans at a low cost.

15 years have passed so far since the establishment of Government Homeopathy Hospital, Welisara administered by the Ministry of Health, Nutrition and Indigenous Medicine. Patients visit Welisara Government Homeopathy Hospital from different areas of the island for treatments and a dependable treatment service through Homeopathy Medical system can be obtained from this hospital. Homeopathy Hospital has received capital allocations of Rs. 30 Mn. and recurrent allocations of Rs. 18 Mn. for year 2018.

Around 150-200 patients visit Outer Patients' Department of the Homeopathy Hospital for treatments and there are residential facilities for 20 patients in the In-patients' Department. This Hospital provides service facilities such as mobile clinics and awareness programs, provision of medicines for free Homeopathy clinics administered under the Medical Council, provision of clinical facilities for overseas qualified doctors etc.

In an era in which the trend of contracting non-communicable diseases is increasing, the Homeopathy medical treatment system is an alternative system of medicine which cures illnesses by increasing natural immunity in the body. Homeopathy medicines are also suitable for viral diseases that cannot be eliminated by antibiotics. These medicines which are produced by using natural substances such as parts of animals, plants and metals, are economical and also suitable for use.

## Hospital staff

The Hospital consists of a staff of 12 officers including 02 Medical Officers, Management Assistants, Dispensers, Attendants, Drivers and a Homeopathy Service Assistant. Since there is no staff for proper functioning of Residential and Outer Patients' Departments, a Doctor was recruited for service on Contract Basis towards end part of year 2018.

## No. of patients treated during year 2018

Month	2018	
	Outer	In
January	2.368	4
February	2.658	7
March	2.502	13
April	2.377	4
May	2.363	8
June	2.348	10
July	2.803	14
August	2.692	6
September	2.883	13
October	3.417	10
November	2.864	13
December	2.671	4
<b>Total</b>	<b>34,314</b>	<b>106</b>

## Mobile clinics and awareness programs

Date	Venue of the clinic	No. of beneficiaries
21.01.2018	Bishop Edmond Peiris College, Chilaw	98
18.02.2018	Bishop Edmond Peiris College, Chilaw	136
11.03.2018	Bishop Edmond Peiris College, Chilaw	140
24.03.2018	Siri Siddhartharama Viharaya, Panadura	58
12.05.2018	Majid Fazal Mosque, Periyamulla, Negombo	54
12.06.2018	Mobile Police post, Kurawalana	46
2018.08.29	Vision 2020, Moneragala	372

## Laboratory Service

Although medicines are recommended at Homeopathy system of medicine based on each patient-specific symptom, illness conditions are scientifically verified through laboratory tests. Further, laboratory tests are also conducive towards easy identification of non-communicable diseases. 1,118 patients have been provided with laboratory service facilities during year 2018.

## Education of Homeopathy Medicine

06 Sri Lankan students have been referred to Calcutta National Homeopathy Institution to follow Homeopathy Degrees during year 2018 under Homeopathy medical scholarships provided by

Ayush Ministry, India. Also, clinical facilities have been provided under this hospital for 04 doctors returned to the country after completion of Homeopathy Degree.

### **Importation of medicines**

The State Pharmaceuticals Corporation has imported Homeopathy medicines for Rs. 1.528 Mn., for the Homeopathy Hospital and Free Homeopathy Clinics.

### **Constructions and Infrastructure Development**

Provisions of Rs. 2.2. Mn. have been spent on constructions under way in the official complex. Further, Rs. 3.6 Mn. has been spent on construction of the wall around hospital premises and Rs. 0.5 Mn. on construction of the water tank holder.

### **Vision 2020, Moneragala**

The first Vision 2020 development program was conducted in Moneragala and the Homeopathy Hospital organized a stall there and treatment services have been provided for 372 patients.



Vision 2020, Moneragala



granting appointments to doctors returned after following the Degree

## 10.2 Homeopathic Medical Council

### Vision

Promotion of Homeopathy Medical System up to a national health service.

### Mission

To formulate proper policies on development of human and physical resources on the Homeopathy System of Medicine and to propagate it among general public, promote and upgrade it.

### Performance in Government Homeopathy Clinics

Government Homeopathy Clinics, 2018 - patient statistics

Clinic	Patient attendance
Dehiwala	16,447
Parakaduwa	13,732
Matale	10,533
Palamunei	8,182
Kurunegala	11,349
Moneragala	4,768
Tholangamuwa	16,078
<b>Total</b>	<b>81,089</b>

### Management of Government Homeopathy Clinics

Activities such as maintenance of staff, supply of medicines, provision of clinical equipment including medical appliances, maintenance of water, power and sanitary services in clinics were performed as facilities required for clinical management during year 2018.

Homeopathic Medical Council conducts mobile clinics with a view to propagating Homeopathy system of medicine among the general public and they are organized by Welisara Homeopathy Hospital.

### Mobile clinics organized with Homeopathy Hospital

Date	Venue of the clinic	Female	Male	Total
21.01.2018	Bishop Edmond Peiris College, Chilaw	79	19	98
18.02.2018	Bishop Edmond Peiris College, Chilaw	103	33	136
11.03.2018	Bishop Edmond Peiris College, Chilaw	112	28	140
24.03.2018	Siri Siddhartharama Viharaya, Panadura	39	19	58
12.05.2018	Majid Fazal Mosque, Periyamulla, Negomgo	33	21	54
12.06.2018	Mobild Police Post, Kurawalana	30	16	46



- Homeopathy clinics conducted by Homeopathic Medical Council also organize programs with a view to propagating the system of Homeopathy among the general public. This includes awareness and training workshops, seminars and mobile clinics.

### **External mobile clinics and external programs conducted by Government Homeopathy Clinic, Dehiwala**

1. 5 seminars and 5 mobile clinics were conducted under "Purapathi Sarisara" social service program with Dehiwala - Mount Lavinia Municipal Council at the locations of Kothalawalapura school, Nedimala Forest School, Nedimala Dharmaraja Viharaya, Ratmalana Dharmarama College and Sadaham Viharaya. 490 patients have received treatments from them.
2. **“Suwa Yathra” Social hospitality program.**

Under this program, Dehiwala clinic has conducted 5 seminars and 5 mobile clinics at Hasalaka Sugatharamaya, Ambangolla Sri Sudarshanarama Viharaya, Elpitiya Jayabima Senasans Viharaya & Elpitiya Sri Vijayarama Viharaya. 659 patients received treatments at these 5 clinics.

### **External programs conducted by Government Homeopathy Clinic, Tholangamuwa.**

The Doctor in charge of the clinic conducted two patient awareness workshops at Tholangamuwa Temple for patients receiving treatments at Tholangamuwa Government Homeopathy Clinic. 178 patients attended these two workshops conducted also with exercises.

### **External programs conducted by Government Homeopathy Clinic, Parakaduwa.**

Parakaduwa Government Homeopathy Clinic conducted 3 awareness seminars and 3 clinics. These programs were conducted at Kiriella Sri Saranarama Viharaya, Deheragoda Ellawala Purana Viharaya & Mathugala Sri Ratnarama Viharaya where 126 patients have received treatments.

### **External programs conducted by Moneragala Government Homeopathy Clinic.**

Monaragala Government Homeopathy Clinic conducted a Homeopathy Exhibition Stall at the location of Enterprise Sri Lanka Exhibition held in Monaragala town on 29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> August, 2018. Around 3000 persons were enlightened on the system of Homeopathy Medicine on those three days and 372 new patients had received treatments at the treatment service maintained in the same exhibition stall.

### **Media Programs on Homeopathy System of Medicine**

Officer in Charge of Dehiwala Clinic took action to raise awareness among people on Homeopathy through 17 Radio programs and 17 television programs during this year. This officer has provided 44 articles to papers during year 2018 alone.

## Getting locations and developing buildings for new Homeopathy clinics

District	Venue	Institution
Puttalam	M.O.H building, Puttalam	Municipal Council - Puttalam
Hambantota	Divisional Secretariat premises, Ambalangoda	District Secretariat, Hambantota.
Batticaloa	Moonai Street, Puliyanthivu, Batticaloa	Municipal Council, Batticaloa.
Kalutara	'Vides Mithudama', Maha Ingiriya	District Secretariat, Kalutara.
Nuwaraeliya	Ananda Dassanayake Mawatha, New Town, Kotmale	Divisional Secretariat, Kotmale.
Polonnaruwa	Public Library Auditorium, Thamankaduwa, Polonnaruwa	Thamankaduwa Pradeshiya Sabha
Galle	A building requested from Maha Modara Hospital	

In response to various requests made from public officials and political authorities by Chairman and Medical Council Office of Homeopathy Interim Medical Council and Secretary to the Ministry, it was possible to receive 7 locations in 7 districts to launch clinics. They are as follows:

- As for Puttalam Clinic, the Municipal Council provided a building as well as required furniture. The building in Hambantota Divisional Secretariat was renovated last year and furniture valued at Rs. 411,199.00 was purchased this year for the clinic.
- An amount of Rs. 615,375.00 was spent on renovation of the Ingiriya clinic building and an amount of Rs. 300,974.00 was spent on purchasing furniture and construction of the sign board. Pending renovation of Kotmale clinic building, action was taken to declare open the clinic and furniture valued at Rs. 90,239.00 was provided for the clinic.

### Recruitment of Homeopathy Doctors for new clinics.

As per the recruitment approval received for recruitment of 08 doctors as a doctor per each of the 07 new clinics and a doctor for Homeopathy Medical Council Office, applications were called for recruitment to the post of Homeopathy Medical Officer in the Homeopathic Medical Council. 29 application received in response to the invitation for applications published in newspapers in all three languages. Appointments were granted for 07 doctors selected by a structural interview. 07 out of the Homeopathy doctors who received appointments were Homeopathy degree holders. One of them was a Homeopathy Diploma holder.

### Recruitment of Office Assistants (Labourers) for new clinics.

Applications were called for the 07 new clinics scheduled to be opened by publication of advertisements in Divisional Secretariats in which the clinics are situated. 26 applicants had submitted applications. 07 selections were made out of the interview held for recruitment to the post.

### Enacting the new Homeopathy Act.

Lack of sufficient regulations formulated for enacting the Act was the main difficulty faced in implementing the old Homeopathy Act No. 07 of 1970. On a deep understanding of this fact, the Homeopathic Interim Medical Council which was the first Council appointed under the

Homeopathy Act No. 10 of 2016, paid foremost concern to formulate regulations to enact the new act. The required regulations were drafted during year 2017 and submitted to the Ministry. The Ministry and the Legal Draftsman's Department together made required amendments this year and they could be presented to the Attorney General's Department.

### **Registration of Homeopathy Doctors.**

08 Homeopathy Graduate Doctors who received their degree in India on scholarships granted under supervision of the then Ministry of Indigenous Medicine, had applied for registration in the general register of the Medical Council. The Interim Medical Council took action to grant registration for 07 of them.

Registration of Homeopathy Doctors in terms of Section 30 (1) of Homeopathy Act No. 10 of 2016.

Applications were called from those who have satisfied required qualifications by being engaged in Homeopathy Medical Practice for a period of over 5 years, to conduct the relevant examination based on the opportunity granted by this Section of the Act to register as a Homeopathy Doctor in the general register of the Medical Council after their passing of an examination conducted by the Medical Council. It was possible to complete activities such as informing curricular and relevant particulars to these 189 applicants, preparing examination regulations and sending them to the Attorney General's Department and making necessary arrangements to conduct the examination by appointing a Board of Examination and coordinating it with the Examinations Division of the Ministry of Examinations etc., during this year.

### **Homeopathy Drugs Importation 2018.**

Approval was granted as follows during this year by Homeopathic Interim Medical Council 10 times for 04 Doctors to import drugs valued at US\$34,966.41 and to import drugs valued at 932 Euros per doctor.

### **Development of facilities in the Office of the Homeopathic Medical Council.**

Action was taken this year to develop facilities in office of the Homeopathic Medical Council, where the Homeopathic Medical Council building was renovated with modern facilities including air conditioning, by fitting Aluminium and glass window panels. Arrangements were made to construct a new water tank and a water tank holder for receiving water to the Office of the Medical Council, by spending Rs. 500,000.00.

### **Widening Homeopathy rules and institutional system.**

The Homeopathic Interim Medical Council, understanding the need for expanding the existing legal framework and re-structuring the institutional system in order to promote Homeopathy System of Medicine in Sri Lanka, formulated required drafts, submitted them to Homeopathy Doctors and referred them to the Ministry to take policy decisions by revising proposals as required. A one day workshop was conducted for this purpose with participation of 52 persons including Homeopathy Doctors, where, Doctors discussed separately as groups on the following 03 proposals and final drafts were prepared:

1. Re-formulation of policies on importation of Homeopathy medicines.
2. Proposal on Homeopathy Medical Colleges
3. Homeopathy Department Act.

